

FOR OFFICIAL USE

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C

	KU	HI
Total Marks		

1660/31/01

NATIONAL
QUALIFICATIONS
2013

TUESDAY, 7 MAY
1.00 PM – 2.15 PM

HOME ECONOMICS
STANDARD GRADE
Credit Level

Fill in these boxes and read what is printed below.

Full name of centre

Town

Forename(s)

Surname

Date of birth

Day Month Year

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Scottish candidate number

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Number of seat

- 1 Try to answer every question in this paper.
- 2 Read the questions carefully before you answer them.
- 3 Write your answers in the spaces provided.
- 4 Additional lines at the end of the booklet can be used if more space is required for answers or if you need to do any rough work.
- 5 Before leaving the examination room you must give this book to the Invigilator. If you do not, you may lose all the marks for this paper.



- Study the information about credit cards below.

		DO NOT WRITE IN THIS MARGIN	
<i>Marks</i>		KU	HI
1			

- Credit card _____

[illegible]

- 2

2

2

2

[illegible]

- 1

1

1

- 1

1

1

1

[illegible]

- Explain the usefulness of **each** of these sources.

1

1

1

1

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- Taking account of the Dietary Reference Values (DRVs) for this age group, **evaluate** the suitability of this day's nutritional intake.

Dietary Analysis of the day's meals					
<i>Energy</i> (MJ)	<i>NSP</i> (g)	<i>Protein</i> (g)	<i>Iron</i> (mg)	<i>Calcium</i> (mg)	<i>Vitamin C</i> (mg)
8.30	10	45.6	6.4	630	32

3

3

2. (a) (continued)

Evaluation 3 _____

Marks

[illegible]

Evaluation 4 _____

3

3

(b) Using the following headings, list **two** steps to take to reduce Vitamin C loss when;

- **Storing food**

Step 1_____

1

Step 2_____

1

- **Preparing food**

Step 1_____

1

Step 2_____

1

[illegible]

2

2

2

[Turn over for Question 3 on *Page ten*

KU

HI

[illegible]

2

2

2

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Marks

3. (continued)

(b) Give **four** steps a household could take to reduce energy bills.

Step 1		
Step 2		
Step 3		
Step 4		

1

1

1

1

[illegible]

- -18°C

Explanation _____

1

- 82°C

Explanation _____

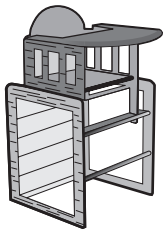
1

1

1

4. (a) A pregnant mum is going to buy a high chair. She wants one that she can use with her 3 year old and use later for the baby. She needs it to be easy to move around the house. Safety and hygiene are important to the pregnant mum.

Study the information about high chairs below.

Information about high chairs			
	A	B	C
			
Seat	Padded insert with washable cover	Fixed wipe-clean seat	Multiple position 360° swivel seat
Harness	Purchase separately	Padded harness included	5 point safety harness included
Age	6 months – 4 years	4 months – 2 years	0–5 years
Warranty	3 years	2 years	7 years
Feeding tray	Deep lined ¹	Wipe clean plastic	Dishwasher safe
Assembly	Partial self assembly	Comes ready assembled	Tool free assembly
Special features	• Converts to play seat • Solid wood frame	• Folds flat • Lightweight	• Enclosed wheels² • 3-in-1 grow chair³

Key

Deep lined¹ – catches any food or drink spilled

Enclosed wheels² – lift and glide castors

3-in-1 grow chair³ – resting insert for newborn to 6 months; feeding chair for 6 months and above; play chair for 3–5 years

[illegible]

- 1

2

- 2

2

2

2

2

2

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2

2

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2

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[illegible]

1

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1

1

1

1

1

1

1

1

*Marks***4. (continued)**

- (c) Identify and explain **three** points of advice, other than nutrition, to be considered when weaning a baby.

Point of advice 1 _____

Explanation _____

Point of advice 2 _____

Explanation _____

Point of advice 3 _____

Explanation _____

1**1****1****1****1****1**

[END OF QUESTION PAPER]

[illegible]

[illegible]

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KU		HI	
1	10		10
2	10		12
3	8		8
4	12		10
Total Marks	40		40