

X241/302

NATIONAL
QUALIFICATIONS
2008

WEDNESDAY, 11 JUNE
10.40 AM – 12.00 NOON

CARE
HIGHER
Paper 2

The case study used in this paper is fictional.

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E,App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.



Section 3

Read the case study and answer the following questions.

Omar is a 12 year old boy who lives with his father, Basheer and his 8 year old sister, Shamina, who has autism. Omar's mother recently died from cancer. There were only a few months between the cancer being diagnosed and her death. Shamina's family have always cared for her without any help from care services.

Shamina's autism means that she benefits from a well established daily routine and throughout her mother's illness Omar and his father maintained this as much as possible. Shamina can wash, dress and feed herself but needs encouragement and supervision as she becomes easily distracted and has no sense of danger. Communication is difficult for Shamina. She has poor eye contact, is unable to interpret body language and is unmoved by other people's emotions or feelings. She finds it difficult to say what she thinks or feels and is slow to respond to questions.

Faye is a support assistant, who works with Shamina at school, helping her to develop her communication and social skills.

Omar attends the local high school which is near Shamina's primary school and he walks Shamina to school each morning. Shamina attends an after school club and Omar calls there after school to collect his sister and walk her home. He is already finding that his friends don't want to walk with him and his sister, as Shamina needs a lot of attention. He is upset when he feels he has to choose between wanting to care for his sister and wanting to be with his friends. Omar enjoys sport and he is a talented swimmer. He is in the local club team but has been unable to attend the early morning team training sessions since his mother became ill.

Basheer returned to work a few weeks ago but both he and Omar have taken time off because Shamina has been ill. Relatives and friends tried to help but this unsettled Shamina and she became increasingly withdrawn. Basheer reluctantly contacted social services for help.

George, a social worker, carried out an initial visit to the family and then arranged a meeting to discuss future plans. As a result of the meeting, home care support and respite care services are being arranged. Initially Basheer was unsure about respite care. Although it would give the family a break from caring for Shamina, he was worried about the quality of care that foster carers or care homes might offer. However Basheer has been reassured because George has informed him about the care standards and codes of conduct that workers have to adhere to.

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|-----|--|-------------------------|
| (a) | One of the principles underpinning the National Care Standards is “realising potential”.

Describe what “realising potential” means and explain how Faye could use her communication skills to help Shamina realise her potential. You should use information from paragraphs 2 and 3 in the case study. | 6 2 KU
4 App |
| (b) | As a young carer, Omar also has needs.

Why would it be useful to use the PROCCCESS model to understand Omar’s needs? | 4 2 KU
2 AE |
| (c) | How might a knowledge of current legislation help George to work effectively with the family? | 6 4 KU
2 AE |
| (d) | Evaluate Person Centred Planning as a way of helping this family. | 9 5 KU
4 AE |
| | | 25 |

[END OF SECTION 3]

[Turn over for Section 4 on Page four

Section 4

Maintaining professional knowledge and competence is an essential requirement for all professional care workers. Using knowledge gained from the Care Higher Course, answer the following questions.

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|---|-------------------|-----------------------------|
| (a) Explain the role of one organisation in maintaining the rights of service users in a care home. | 5 | 3 KU
2 App |
| (b) Explain the role of legislation in challenging social inequality. | 10 | 5 KU
5 AE |
| (c) In your opinion, which is it more important for a care worker to have an understanding of—sociology or psychology? Justify your answer. | 10 | 5 KU
5 AE |
| | 25 | |
| | Total (50) | |

[END OF SECTION 4]

[END OF QUESTION PAPER]