

FOR OFFICIAL USE

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X011/101

Total

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NATIONAL
QUALIFICATIONS
2007

MONDAY, 4 JUNE
9.00 AM – 10.30 AM

CARE
INTERMEDIATE 1

Fill in these boxes and read what is printed below.

Full name of centre

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Town

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Forename(s)

--

Surname

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Date of birth

Day Month Year

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Scottish candidate number

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Number of seat

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All case studies used in this paper are fictional.

60 marks are allocated to this paper.

- 1 Read each question carefully.
- 2 Attempt **all** questions in Section A.
- 3 **Only** attempt questions 6, 7 and 8 of Section B if you studied the optional Unit "Accident and Emergency Procedures". You should not attempt both optional Units.
- 4 **Only** attempt questions 9, 10 and 11 of Section B if you studied the optional Unit "Understanding Health". You should not attempt both optional Units.
- 5 All answers are to be written in this book. If there is not enough space for you to complete your answer to any question, **additional paper** can be obtained from the invigilator.
- 6 Before leaving the examination room you must give this book to the invigilator. If you do not, you may lose all the marks for this paper.



Marks

SECTION A

Attempt **ALL** questions.

1. (a) Give an example of **emotional** development associated with adults.

2

- (b) Give an example of **cognitive** development associated with the older adult.

2

- (c) Give an example of **physical** development associated with adolescence.

2

- (d) Give an example of **social** development associated with a 5–12 year old child.

2

Marks

2. Read the following case study, then answer parts (a) and (b).

Ella is 83 years old and has recently been admitted to residential care. Her daughter emigrated to Canada last year. Staff in the home are concerned that Ella spends most of the time in her room.

(a) Suggest what Ella’s behaviour may show about how she is feeling.

2

(b) Describe **two** ways in which the care staff could help Ella with her feelings.

1

2

4

[Turn over

Marks

3. Describe the difference between a **want** and a **need**.

2

4. Read the following case study, then answer parts (a), (b) and (c).

Sunita has recently moved into a women's refuge some distance from her home because of ill-treatment by her husband. She has two young children, Shazia aged 3 and Sahid aged 6. Sunita is finding it difficult to get a place for the children in the local school.

(a) Name the **four** strands of Sunita's development and explain how these strands have been affected by her situation.

Strand 1 _____

Explanation _____

2

Strand 2 _____

Explanation _____

2

Strand 3 _____

Explanation _____

2

Marks

4. (a) (continued)

Strand 4 _____

Explanation _____

2

Sahid has started to wet the bed, has terrible tantrums and is constantly asking for his dad.

(b) Explain how Sahid's behaviour shows how he is feeling.

3

(c) Describe **two** ways that the family's support worker could help Sahid come to terms with his feelings.

4

[Turn over

		Marks
5. Read the examples below and for each one state a relevant service provision and explain how this provision could meet their needs.		
(a) A 25 year old heroin user.		
Type of service provision _____	1	
Explain how this could meet their needs.		

_____	2	
(b) A 78 year old widow living on her own.		
Type of service provision _____	1	
Explain how this could meet her needs.		

_____	2	
(c) A 17 year old with learning disabilities.		
Type of service provision _____	1	
Explain how this could meet their needs.		

_____	2	

[END OF SECTION A]

SECTION B

Marks

You must answer the questions for ONE optional Unit only.

Answer questions 6, 7 and 8 if you studied the optional Unit “Accident and Emergency Procedures”.

Answer questions 9, 10 and 11 if you studied the optional Unit “Understanding Health”.

Accident and Emergency Procedures

6. (a) Name **four** potential hazards for young children that might be found in the kitchen.

Hazard 1 _____

1

Hazard 2 _____

1

Hazard 3 _____

1

Hazard 4 _____

1

- (b) For each hazard name **one** possible effect and **one** corrective measure.

1st Possible effect _____

1

1st Corrective measure _____

1

2nd Possible effect _____

1

2nd Corrective measure _____

1

3rd Possible effect _____

1

3rd Corrective measure _____

1

4th Possible effect _____

1

4th Corrective measure _____

1

[Turn over

7.

A car driver has lost consciousness and his car has swerved across the road into a wall.

Marks

Below is a list of actions. Put a tick (✓) in the box beside the actions you should carry out and a cross (✗) in the box beside the actions you should **not** carry out.

Check that the area is safe.

☐

1

Leave the scene.

☐

1

Get someone to call the emergency services.

☐

1

Turn off the ignition.

☐

1

Drag the driver out of the car.

☐

1

8. What is the ABC of resuscitation?

A _____

1

B _____

1

C _____

1

[END OF OPTIONAL UNIT "ACCIDENT AND EMERGENCY
PROCEDURES"]

Marks

You must answer the questions for ONE optional Unit only.

Answer questions 9, 10 and 11 if you studied the optional Unit “Understanding Health”.

Go back and answer questions 6, 7 and 8 if you studied the optional Unit “Accident and Emergency Procedures”.

Understanding Health

9. State **four** elements of health.

Element 1 _____

1

Element 2 _____

1

Element 3 _____

1

Element 4 _____

1

10.

Eilidh has recently retired and has enrolled in a course at her local University. The course consists of Computing, Art Appreciation and Yoga.

(a) State **three** elements of Eilidh’s health and describe how each part of the course will be beneficial to Eilidh’s health.

Element 1 _____

Benefit _____

2

Element 2 _____

Benefit _____

2

Element 3 _____

Benefit _____

2

[Turn over

Marks

10. (continued)

- (b) Select **two** of the elements you have identified above and explain how they are linked using Eilidh's story.

4

11.

John is 12 years old and spends all of his free time playing on his computer and playstation. He will only eat "junk food" despite his mother's nagging. He stays up late at night and his guidance teacher has written home to say that he is falling asleep in the class.

- (a) How might John's health be affected by his current lifestyle?

2

- (b) Suggest **two** lifestyle changes that John might make and explain the benefits to **two** elements of his health.

Lifestyle change 1 _____

1

Explanation _____

1

Lifestyle change 2 _____

1

Explanation _____

1

[END OF OPTIONAL UNIT "UNDERSTANDING HEALTH"]

[END OF QUESTION PAPER]

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