

X241/301

NATIONAL
QUALIFICATIONS
2010

TUESDAY, 8 JUNE
9.00 AM – 10.20 AM

CARE
HIGHER
Paper 1

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.



Section 1**Psychology for Care**

- (a) Describe **two** key features of the Humanistic Approach.

4 KU

Case Study 1 – Sara

Read the case study and answer the questions that follow.

Sara is 17 and has never known her biological father. Her mother won't talk about Sara's father and although this makes Sara feel angry, she tries hard not to show it.

When Sara was 13, her mother married. Sara's stepfather has two sons who are younger than her and she doesn't feel she has ever settled in to this new arrangement. Although her stepfather is kind and caring, Sara feels that he can never love her as much as her biological father would have done. She believes that she will never be truly happy until she finds her own father.

Sara worries about what people think about her and is always trying hard to please others. Her money is spent on clothes and make-up. She doesn't even like some of the things she buys, but does it to fit in with her friends. At college Sara is studying a care course with the aim of becoming a nurse. She finds it difficult to set time aside to study as she is expected to help look after her stepbrothers.

She also finds it difficult to refuse when friends want her to go out with them, in case they stop liking her and don't ask her again. Her friends go to bars and clubs and although it makes her anxious, Sara lies about her age to get in with them. Some of her friends use drugs and after a party at a friend's house last weekend, Sara was admitted to hospital. She was unconscious for a short period of time because she had mixed drugs and alcohol. She told the nurses "My life will always be a disaster", "I'll never be happy until I meet my real dad" and "If only I knew him, I wouldn't be in this mess". Sara has been referred to a Rational Emotive Behaviour Therapy counsellor.

- (b) Describe Erikson's Lifespan theory.

5 KU

- (c) Explain Sara's behaviour, using the adolescent stage of Erikson's Lifespan theory.

6 AE/App

- (d) Explain **two** ways in which a counsellor using Albert Ellis' Rational Emotive Behaviour Therapy would work with Sara to change her situation.

**10 4 KU
6 AE/App
25**

[END OF SECTION 1]

Section 2

Sociology for Care

(a)	Describe one similarity and one difference between feminist theory and functionalist theory.	8	4 KU
			4 AE
(b)	Explain how a knowledge of symbolic interactionist theory may help care workers understand deviant behaviour.	8	4 KU
			4 AE
(c)	“Legislation is a good way of reducing social inequality.”		
	Explain why conflict theorists might disagree with this statement.	9	5 KU
			4 AE
		25	
	Total (50)		

[END OF SECTION 2]

[END OF QUESTION PAPER]

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X241/302

NATIONAL
QUALIFICATIONS
2010

TUESDAY, 8 JUNE
10.40 AM – 12.00 NOON

CARE
HIGHER
Paper 2

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.



Section 3**Values and Principles in Care****Case Study – Eddie and Dora Part 1**

Read the case study and answer the questions that follow.

Eddie is 79 years old and lives with his wife Dora who was diagnosed with Dementia five years ago. Eddie has been her main carer ever since. Generally Eddie copes very well, despite the fact that Dora now needs constant care and help with all activities of daily living. She has become very forgetful, often repeating the same stories and asking the same questions, over and over again. Home care workers from the Social Work Department visit daily and help with personal care. Whilst chatting with Irene, one of the home care workers, Eddie confided that he is finding his caring role more difficult. He is worried about whether he will be able to continue caring for Dora in their home.

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|---|--|
| <p>(a) It is the responsibility of the Social Work Department to adhere to the Data Protection Act 1998. Describe two responsibilities of the Social Work Department under this piece of legislation when working with Dora and Eddie.</p> | <p>4 2 KU
2 App</p> |
| <p>(b) Explain the way in which care professionals would apply two features from a code of conduct when working with Dora and Eddie.</p> | <p>8 4 KU
4 App</p> |
| <p>(c) Explain why using effective communication is important for Irene when working with Dora and Eddie.</p> | <p>6 2 KU
4 App</p> |

Case Study – Eddie and Dora Part 2

Eddie has been told that he needs to have an operation. Whilst he is expected to make a full recovery, it has been arranged that Dora will go into respite care whilst Eddie is in hospital and for a period of 3 months after he is discharged. During this time a full assessment of Dora's needs will be made to evaluate the existing care package and plan for her future.

- | | |
|---|---|
| <p>(d) Explain how Dora will have her needs assessed when she is in respite care.</p> | <p>7 3 KU
4 AE/App</p> |
|---|---|
- 25**

[END OF SECTION 3]

Section 4 Integration Psychology for Care and Values and Principles in Care

Explain how a care worker could support someone who is experiencing grief. In your answer you should:

- describe Murray Parkes' model of grief, including determinants of grief;
- explain why it is important for a care worker to have an understanding of determinants of grief;
- describe person-centred planning; (Please note—this is not the same as Carl Rogers' Person Centred Approach.)
- evaluate the effectiveness of person centred planning when supporting someone who is experiencing grief.

25 13 KU
12 AE

Total (50)

[END OF SECTION 4]

[END OF QUESTION PAPER]

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