X241/301

NATIONAL QUALIFICATIONS 2009

TUESDAY, 9 JUNE
9.00 AM – 10.20 AM

CARE
HIGHER
Paper 1

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.

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Section 1 Psychology for Care

(*a*) Explain why nature and nurture are both important influences on how a person develops. **4 2 KU 2 AE**

(*b*) Explain **one** strength and **one** weakness of the Psychodynamic Approach when working in a care setting. **4 2 AE 2 App**

Case Study 1 – Petra

Read the case study and answer the questions that follow.

Petra, who is 29 years old, found out a year ago that she had breast cancer. Her mother died from breast cancer when Petra was very young.

Since she was diagnosed, Petra's life has changed in many ways. She has had to attend hospital on a regular basis for treatment and her energy has been reduced because of the treatment she had. Petra and her boyfriend Jack had both been very active, cycling and hill walking most weekends, and he found it difficult to adapt to staying at home to support Petra. He felt he was at the peak of his physical health and didn't want to miss the opportunity to explore new opportunities. Petra was really upset and angry at his unsupportive attitude and they split up.

Petra's treatment has been successful, and the doctors have told Petra she is now free of the cancer. However, she mentioned to others at the cancer support group she attends that she notices every small change in her health. She wonders whether it is another sign of the cancer coming back and worries about how it will affect her in the future. During her treatment, she had to take 6 months sick leave and is finding it difficult to become motivated since returning to work. Petra has to drag herself out of bed each morning and can't wait to get home to watch TV at night. Naseem, a support worker at the cancer support group, has invited Petra to meet with her individually to talk about her fears.

(*c*) Describe Carl Rogers' theory of self and explain how it provides an understanding of Petra's behaviour. **8 4 KU 4 App**

(*d*) Describe **three** key features of the Cognitive Behavioural approach and explain why a knowledge of the approach would be useful for Naseem, the support worker, when working with Petra. **9 6 KU 3 App**

25

[*END OF SECTION 1*]

Section 2 **Sociology for Care**

(*a*)	Describe **one** difference between sociological explanations and common-sense explanations.	**2**	**KU**
(*b*)	Using **two** key features, explain how functionalist theory views the family.	**8**	**4 KU** **4 AE**
(*c*)	Use **two** key features of symbolic interactionist theory to explain the experience of people with disabilities.	**7**	**2 KU** **5 AE**
(*d*)	The majority of workers in the care sector are female. Use **two** key features of feminist theory to explain this.	**8**	**4 KU** **4 AE**
		25	

Total (50)

[*END OF SECTION 2*]

[*END OF QUESTION PAPER*]

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X241/302

NATIONAL QUALIFICATIONS 2009

TUESDAY, 9 JUNE
10.40 AM – 12.00 NOON

CARE
HIGHER
Paper 2

Answer all questions.

The skills of knowledge and understanding (KU) and analysis, evaluation and application (A,E, App) are being assessed in this paper. When answering each question you should note the number of marks allocated to each skill and use this information as a guide to the length and type of answer required.

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Section 3 Values and Principles in Care

Case Study 2 – Matt

Read the case study and answer the questions that follow.

Matt is 15 years old and for the last five years he has been taking care of his mum who has Multiple Sclerosis. Sometimes Matt's mum, Carol, appears quite well but at other times her vision, coordination, balance and concentration make it difficult for her to cope with everyday tasks and she is unable to look after Matt and his younger brother.

Matt helps his mother to get washed and dressed every day and makes sure that she takes her medication. Matt also sorts out the shopping, the meals and the laundry. He tries hard to help his younger brother with his homework and makes sure he gets to bed at a reasonable time.

Matt constantly worries about his mum and also what the future holds for them all. At times Matt feels that life is passing him by, and the fact that he cannot do what he wants when he wants often annoys him. Matt knows that his mum can't help being ill, but it really gets to him sometimes. Although he had hoped to go to college or university, he is falling behind in all his subjects and recently stopped attending school altogether. Carol is worried about Matt and has contacted her social worker Tony, to ask if he could re-assess their situation and offer some support to the family. Tony knows that being a carer can have a dramatic effect on a young person's life. Their health can be severely affected due to lack of sleep and the amount of household chores or physical care they undertake. Many young carers can also have serious educational problems and struggle to obtain any formal qualifications. Tony has arranged to visit the family.

(*a*) Tony's professional caring relationship with this family is based on **two** core values. Describe these values and explain how Tony can demonstrate **one** of these in his work with this family. **6** **4 KU** **2 App**

(*b*) Describe the **three** stages of Egan's Skilled Helper model and explain why Tony's ability to communicate effectively with Carol will be important during the **first** stage. **10** **6 KU** **4 App**

(*c*) Describe **two** assessment tools that Tony could use and explain how these could help in reassessing this family's needs. **6** **2 KU** **4 App**

(*d*) Explain **one** feature of the Community Care and Health (Scotland) Act 2002 which is relevant for this family. **3** **App**

25

[*END OF SECTION 3*]

Section 4 **Integration**

Using information from the "Values and Principles in Care" and "Sociology for Care" Units;

(*a*) Explain the impact of discrimination on people with mental health problems.

In your answer you should:

- explain what is meant by discrimination;
- explain what kind of discrimination might be experienced by people with mental health problems;
- explain the effect this might have on people with mental health problems. **17** **8 KU** **9 AE/App**

(*b*) Explain how professional codes of conduct help to promote equality for people with mental health problems.

You should refer to key points from the Scottish Social Services Council (SSSC) **or** The Nursing and Midwifery Council (NMC) in your answer. **8** **4 KU** **4 AE/App**

25

Total (50)

[*END OF SECTION 4*]

[*END OF QUESTION PAPER*]

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