

**THE DIPLOMA IN SPORT AND EXERCISE MEDICINE
OF GREAT BRITAIN AND IRELAND**

Short Answer Paper

Monday 29 March 2004

Time: 1 hour

ALL questions to be answered

1. A male javelin thrower presents complaining of pain in the upper part of his dominant arm. Discuss the potential pathologies of the upper arm and how these might be differentiated and recognised.
2. You are the doctor for a semi-professional football club. The manager asks if you would see a 17-year-old striker who has been “off his game” feeling tired and lethargic. He is not a good historian but you eventually establish that he probably has polyuria and polydypsia and has lost approximately 4 pounds in the last 3 months despite being very fit and “working out” in the gym regularly. There is a family history of diabetes mellitus – you suspect Type I diabetes mellitus.
 - a. How would you set about confirming your suspicion?
 - b. How would you advise this young man and his employer?
3. Your local running club asks you to give a short talk on different types of sport injury specialists. Write short notes on the possible groups you might include.