

GAUTENG DEPARTMENT OF EDUCATION

SENIOR CERTIFICATE EXAMINATION

HOME ECONOMICS SG

**SECTION A
QUESTION 1**

1.1	X	B	C	D
1.2	A	X	C	D
1.3	X	B	C	D
1.4	A	B	X	D
1.5	A	X	C	D
1.6	A	B	C	X
1.7	X	B	C	D
1.8	A	X	C	D
1.9	A	B	X	D
1.10	A	B	X	D
1.11	A	X	C	D

11 x 2 = (22)

- 1.12 EFFECT OF HEAT
 1.12.1 E
 1.12.2 D
 1.12.3 A
 1.12.4 C (4)

Explanation

- 1.13 FOOD SYSTEMS
 1.13.1 E
 1.13.2 D
 1.13.3 F
 1.13.4 B (4)

Application

- 1.14 VITAMIN C
 1.14.1 D
 1.14.2 C
 1.14.3 E (3)

Comprehension

- 1.15 MANAGEMENT TERMS
 1.15.1 B
 1.15.2 C
 1.15.3 E
 1.15.4 A (4)

Knowledge

- 1.16 FINANCIAL TERMS
 1.16.1 F
 1.16.2 C
 1.16.3 E
 1.16.4 B (4)

Comprehension

- 1.17 DESIGN PRINCIPLE
 1.17.1 E
 1.17.2 D
 1.17.3 B (3)

Application

- 1.18 TENDERNESS OF FISH (any order)
 C
 E
 F (3)

Knowledge

- 1.19. OPTIMUM SPACE (any order)
 A
 B
 D (3)

Knowledge**TOTAL FOR SECTION A: [50]**

SECTION B**QUESTION 2****2.1 Undesirable effects of over-cooking**

- Proteins denature, toughen, become stringy – finally disintegrate.
- Vitamin C, Vitamin B, and other nutrients destroyed or leached from the food.
- The texture of some foods soften and become mushy and unpalatable.
- Flavours changed or destroyed (lost).
- Colour change – become drab.
- Sugar over caramelizes or burns.
- Food becomes very dry and hard.

✓✓✓ (3)

Comprehension – Syll 2.4 – Methods of cooking

2.2 Planning and Preparation

FIVE FOOD GROUPS	EXAMPLE	ONE CAUSE OF DETERIORATION OF THE EXAMPLE
Meat and Meat alternatives✓	Meat, fish, poultry etc. ✓	Bacteria, mould, enzymes✓
Milk and milk products✓	Milk, cheese, yogurt etc. ✓	Bacteria, heat, Maillard's reaction✓
Fats and Oils✓	Butter, cream, ice-cream etc. ✓	Heat, oxidation✓
Grain and grain products✓	Wheat, barley, rice etc. ✓	Insects, rodents, yeast, mould✓
Fruit and vegetables✓	Apples, beans etc. ✓	Mechanical bruising, mould, enzymes, withering✓

Knowledge, Comprehension, Explanation – Syll 2.7
Food Hygiene Syll 2.2 – Meal planning

(15)

2.3 Suggestions for single people – meals.

- Buy foods with a long shelf life e.g. eggs, carrots, milk powder etc. ✓
- Buy foods that are easy to cook in small quantities e.g. chicken pieces, eggs, small cans of fruit ✓
- Team up with a friend and share fresh foods with short keeping times. ✓
- Plan ahead so that different meals can be made with the leftovers. ✓

(4)

Knowledge – Syll 2.1 – Menu planning

2.4 Milk Choice

Note: Learners **should** have UHT or **skimmed milk powder**.

Skim milk powder: Fat and moisture removed – powder sealed in packaging

Reason: Easier to transport – less space – easy to mix

OR

UHT: Milk taken to very high temperature. 140°C for 2 – 4 secs, chilled immediately and packed in sterile containers.

Reason: Needs no fridge space until opened

1 mark for choice – UHT or skim milk

2 marks for process – should be more or less right.

1 mark for reason – because fridge space is limited. Only put in fridge when opened or made up.

(4)

Higher Cognitive – Syll 2.9 – Dairy products

2.5 The skin is formed on top of heated milk as the result of

✓ ✓

- Milk albumen and milk globulin co-agulate and rise to the surface of the milk
- Fats ✓ and mineral salts (calcium) ✓ also rise to the top If he throws the skin away he is throwing a good part of the nutrients away.

(4)
(30)

Higher Cognitive – Syll 2.9 – Dairy products

QUESTION 3**3.1 Frozen fish – thawed**

- | | | | |
|---------------------------|---|----|-----|
| 3.1.1. Large drip loss – | Frozen slowly/defrosted and refrozen/big ice crystals formed | ✓✓ | (2) |
| 3.1.2 Freezer burn – | Not packaged properly – moisture comes into contact with frozen fish. Packaging not sealed or torn. | ✓✓ | (2) |
| 3.1.3 Changes in lipids – | High fatty acid content sensitive to oxidation – went rancid. | ✓✓ | (2) |

Knowledge – Syll 2.11 – Fish

3.2 Changes in ripening fruit

- Change in colour – Synthesis of pigments / breaking down of chlorophyll.
- Texture softens – Protopectin changes to pectin.
- Starch changes to sugar – Fruit becomes sweeter
- Organic acids decrease – Less tart
- Volatile substances develop – Flavour and smell develops

✓✓✓ (3)

Comprehension – Syll 2.14 – Fruit

3.3 Aim in cooking vegetables

- To make cellulose softer (**not** digestible)
- To cook starch and make it digestible
- To retain maximum nutritional value
- To preserve natural colour
- To improve flavour and make them more palatable
- To add variety to the diet

✓✓✓✓ (4)

Comprehension – Syll 2.14 – Vegetables

3.4 Mayonnaise

An emulsion is formed when two immiscible liquids ✓ (vinegar and oil) mix together. An emulsifier surrounds the droplets – lowers the surface - tension✓ – the liquids combine to form a stable emulsion✓. In mayonnaise – egg yolk contains a high proportion of lecithin, which is the emulsifier✓.

(4)

Higher Cognitive – Syll 2.10 – Eggs

3.5 Lemon Meringue Pie

- 3.5.1 Soft peak stage ✓
- 3.5.2 Retard foam formation or will not beat up ✓
- 3.5.3 Increased beating time / will take longer ✓

(3)

Identification / application – Syll 2.10 – Eggs

3.6 Cheese Sauce

- | | | |
|-------|---|------|
| 3.6.1 | Flour has less thickening power when exposed to dry heat/spoil appearance of sauce.√ | (1) |
| 3.6.2 | Stir continuously to prevent lumps <u>or</u> burning√ | (1) |
| 3.6.3 | Gelatinization √ | (1) |
| 3.6.4 | Starch molecules absorbs liquid – swells and bursts √
Viscosity increases (thickens)√
Colour changes to shiny (not translucent)√
Develops a cooked taste √ | (4) |
| 3.6.5 | Gelation → retrogradation → syneresis (not necessarily in order) | (3) |
| | | (30) |

Knowledge – Syll 2.8 – Cereal

TOTAL FOR SECTION B: [60]

SECTION C**QUESTION 4****4.1. Rump and stewing steak****4.1.1 Best cooking method for stewing steak**

Stewing steak contains a high percentage, of connective tissue \checkmark , which needs a low temperature and a long cooking \checkmark period to soften the meat \checkmark – (change connective tissue to gelatine) \checkmark

(4)

High Cognitive – Syll 2.12 – Meat

4.1.2 Meat Analogues

- Capacity to absorb large quantities of fat and moisture, expanding considerably and more portions per dish.
- Absorb flavour and sauce of other food ingredients
- Instant food - no preparation required, therefore no waste e.g. bones and fat
- They do not shrink during the cooking process
- Are not effected by freezing / thawing cycle
- Exceptionally long shelf life
- Tasty and nutritious supplement to meat, if used correctly provides a high quality meal.

 $\checkmark\checkmark\checkmark$

(4)

Knowledge – Syll 2.12 – Meat

4.2

Three Pre-mortal	Two Post-mortal
Feeding, age, muscle activity / anatomical position Ratio of muscle fibre to connective tissue, marbling, premortal treatment $\checkmark\checkmark\checkmark$	Slaughtering process Cool-shrinkage, electrical stimulation, rigor-mortis process, ripening, cooking process $\checkmark\checkmark$

Knowledge – Syll 2.12 – Meat

(5)

4.3 Good functional design

- Eating area part of open plan kitchen – good
- Space has been utilized for maximum value
- Not sufficient space for 6 people to be together in the lounge – poor
- Bathroom comes off kitchen
- No place for anyone to do a hobby
- No space for storing recreational equipment
- Arrangement of furniture doesn't allow free movement
- Illumination – bedroom – bed lamps
- Ventillation – plenty of doors – good

 $\checkmark\checkmark\checkmark\checkmark\checkmark$

(6)

Higher Cognitive – Syll 3.1.1 – Functional design

4.4 Storage space

- Items used together should be stored together and where they will be used first.
- Items should be easy to locate at a glance and be easy to remove without removing other items
- Frequently used items should be stored in easy reach and grasp
- Heavy equipment should be stored at or near floor level
- All space should be utilised for optimum efficiency and allow for future needs
- Store suitcases under beds or on

✓✓✓✓✓ (5)

Knowledge — Syll 3.1.1 – Interior design
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4.5 4.5.1 Keeping chalet cool

- Insulation e.g. thatching
- Wide eaves
- Awning and blinds
- Ventilation – open doors and windows
- Curtains
- Fans
- Airconditioning

✓✓✓ (3)

4.5.2 Keep chalet warm

- Electric heater
- Insulate roof – fibreglass, loose filling (thatching)
- Insulate windows and doors – weather stripping round windows and doors.
- Double glass.
- Lined curtains and blinds
- Thick floor coverings e.g. carpets

✓✓✓ (30)

Comprehension — Syll 3.1.1 – Interior design
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TOTAL FOR SECTION C: [30]

SECTION D**QUESTION 5****5.1 Time**

- Make lists and plan each day.
 - Use your best time for important tasks and take your productivity curve into consideration.
 - Beware of procrastination.
 - Simplify big tasks and consolidate small tasks.
 - Learn to say NO.
 - Learn to utilize short periods of time.
- ✓✓✓✓✓ (5)

Comprehension – Syll 1.1.2 – Home Care

5.2 5.2.1 Colour scheme

Analogous colour scheme ✓

(1)

5.2.2

DESIGN PRINCIPLE	MOTIVATION
Emphasis	Big picture of lion
Rhythm	Repetition of dots and lines
Informal balance	Big picture on one side of door balances visually with 2 small on the other side.
Radial balance	Mat on floor

Any two ✓✓

✓✓

Higher Cognitive – Syll 3.1.1 – Interior

(4)

5.3 5.3.1 Kitchen shape – Corridor✓

- Characteristic
- Utilize two opposite walls
 - Doors at each end
 - Corridor = 2,5 m wide ✓

(1)

(1)

5.3.2 A. Stove ✓,

B. Fridge ✓,

C. Sink ✓

(3)

Application – Syll 3.1.1 – Interior

5.4 5.4.1 Deductions

- Pension
- Medical Aid
- UIF
- Income Tax
- Group Insurance

✓✓

(2)

Knowledge – Syll 1.2.3 – Financial Management

5.4.2 Additional (Fringe) Benefits

- Paid vacation (leave)
 - Housing subsidy
 - Company car
 - Recreational facilities
 - Educational facilities
 - Retirement fund
 - Paid sick-leave
- ✓✓ (2)

5.4.3 Non-money income

- Services from property
 - Home production
 - Public services – swimming pool
 - library
 - transport public
- ✓✓ (2)

Knowledge – Syll 1.2.3 – Financial management

5.5 Belonging to a group

- Develop loyalty
 - Become independent
 - Develop a sense of belonging
 - Have status in your own right
 - Develop own standards based on own values.
- ✓✓✓ (3)

Comprehension – Syll 4.7 – Family studies

5.6 5.6.1 Basic causes of conflict

- Inability to communicate
 - Chronic financial problems
 - Changes in family structures
 - Undesirable friendships and relationships
 - Abuse - physical and emotional
 - Alcohol or drug abuse
 - Annoying habits
 - Failure to take responsibility
- ✓✓✓✓ (4)

Knowledge – Syll 4.7 – Family studies

5.7 Ways of achieving solidarity

- Interaction and communication strengthen family ties
 - Meeting of expectations leads to feeling of faithfulness
 - Family rituals (traditions) e.g. birthday, jokes, history, stories and secrets
 - Family possessions e.g. heirlooms
 - Expressions of affection
- ✓✓✓ (3)
(30)

Explanation – Syll 4.7 – Family studies

QUESTION 6**6.1 Characteristics of values**

- Values give meaning and sense to life
- Express attitude to nature, other people and God
- Determine a person's quality of life and behavioural patterns
- Values influence actions and decisions
- Values are more general and permanent than wishes
- Values are abstract, complex, involved emotions and change slowly and gradually with maturity.
- Intrinsic values are absolute, extrinsic values

✓✓✓✓✓ (5)

Knowledge – Syll 5.1.1 – Management process

6.2 Guidelines to setting goals

- Goals and objectives should be your own
- Goals should be written down
- Goals should be realistic and attainable
- Goals should have a target date
- Goals are compatible moet bymekaar aansluit.

✓✓✓ (3)

Knowledge – Syll 5.1.1 – Management Process

6.3 Resources

HUMAN RESOURCES	NON-HUMAN RESOURCES
6.3.2✓	6.3.1✓
6.3.5✓	6.3.3✓
	6.3.4✓

(5)

Comprehension – Syll 5.11 – Management process

6.4 6.4.1 Steps in decision-making process

Any SIX examples✓✓✓✓✓✓

STEP	CASE STUDY EXAMPLE
Identify problem	Nursery school needs ramps
Gather information	Research
Identify alternatives	Metal / fibre glass etc
Explore consequences	Fibre glass broke etc
Make a choice	Metal, 2 sizes – enamel paint R50.00 each
Technique to implement choice	Ask an engineering company to make them
Evaluation	One year later

Higher Cognitive – Syll 1.1.1 – Decision making

(6)

6.4.2 Decision making

- a) Level
Extensive decision level ✓ (1)
- b) Type
Technical decision ✓ (1)
- c) Central decision
To make ramps for the nursery school ✓ (1)
- d) Two satellite decisions
Material to make them/ paint, height, cost ✓✓ (2)

Application – Syll 1.1.1 – Decision Making

6.5 Type of demand

Emotional	Physical	Mental
A, E✓✓	C, D✓✓	B, F✓✓

(6)

Application Syll 1.14 – Work study

(30)

TOTAL FOR SECTION D: [60]

TOTAL: 200

GAUTENGSE DEPARTEMENT VAN ONDERWYS

SENIORSERTIFIKAAT-EKSAMEN

HUISHOUDKUNDE SG

AFDELING A
VRAAG 1

1.1	<input checked="" type="checkbox"/>	B	C	D
1.2	A	<input checked="" type="checkbox"/>	C	D
1.3	<input checked="" type="checkbox"/>	B	C	D
1.4	A	B	<input checked="" type="checkbox"/>	D
1.5	A	<input checked="" type="checkbox"/>	C	D
1.6	A	B	C	<input checked="" type="checkbox"/>
1.7	<input checked="" type="checkbox"/>	B	C	D
1.8	A	<input checked="" type="checkbox"/>	C	D
1.9	A	B	<input checked="" type="checkbox"/>	D
1.10	A	B	<input checked="" type="checkbox"/>	D
1.11	A	<input checked="" type="checkbox"/>	C	D

11 x 2 = (22)

- 1.12 EFFEK VAN HITTE
 1.12.1 - E
 1.12.2 - D
 1.12.3 - A
 1.12.4 - C (4)
Verduideliking

- 1.13 VOEDSELSTELSELS
 1.13.1 – E
 1.13.2 – D
 1.13.3 – F
 1.13.4 – B (4)
Toepassing

- 1.14 VITAMIEN C
 1.14.1 – D
 1.14.2 – C
 1.14.3 – E (3)
Begrip

- 1.15 BESTUURSTERME
 1.15.1 – B
 1.15.2 – C
 1.15.3 – E
 1.15.4 – A (4)
Kennis

- 1.16 FINANSIEËLE TERME
 1.16.1 F
 1.16.2 C
 1.16.3 E
 1.16.4 B (4)
Begrip

- 1.17 ONTWERPBEGINSEL
 1.17.1 E
 1.17.2 D
 1.17.3 B (3)
Toepassing

- 1.1.8 SAGTHEID VAN VIS (enige volgorde)
 C
 E
 F (3)
Kennis

- 1.19. OPTIMALE RUIMTE (enige volgorde)
 A
 B
 D (3)
Kennis

TOTAAL VIR AFDELING A: [50]

AFDELING B**VRAAG 2****2.1 Ongewenste effekte van oorgaarmaak**

- Proteïene denatureer, word taai en draderig – sal disintegreer.
- Vitamien C, Vitamien B en ander nutriënte word vernietig of lek uit die voedsel.
- Die tekstuur van sommige voedselsoorte versag en word pap en onsmaaklik.
- Geure verander of word vernietig (gaan verlore)
- Kleur verander – word onaantreklik.
- Suiker oorkarameliseer of brand.
- Voedsel word baie droog en hard.

VVV

(3)

Begrip – Sill 2.4 – Gaarmaakmetodes

2.2 Beplanning en voorbereiding

VYF VOEDSELGROEPE	VOORBEELD	EEN GEMENE REDE VIR BEDERF
Vleis en Vleisalternatiewe✓	Vleis, vis, pluimvee, ens.✓	Bakterieë, skimmels, ensieme✓
Melk en melkprodukte✓	Melk, kaas, jogurt, ens.✓	Bakterieë, hitte, Maillard se reaksie✓
Vette en Olie✓	Botter, room, roomys, ens.✓	Hitte , oksidasie✓
Graan en graanprodukte✓	Koring, gort, rys, ens.✓	Insekte, knaagdiere, gis, skimmels✓
Vrugte en groente✓	Appels, boontjies,ens.✓	Meganiese kneusing, skimmels, ensieme, verlepping✓

Kennis, Begrip, Verduideliking – Sill 2.7 – Voedselhygiëne
Sill 2.2 – Maaltydbeplanning

(15)

2.3 Aanbevelings vir enkelpersone - maaltye

- Koop voedsel met 'n lang rakleeftyd bv. eiers, wortels, melkpoeier, ens.✓
- Koop voedsel wat maklik in porsies gaargemaak kan word bv. hoenderporsies, eiers, klein blikke vrugte ens.✓
- Deel vars produkte met 'n kort rakleeftyd met 'n vriend .✓
- Beplan vooruit sodat verskillende maaltye met die oorskietkos voorberei kan word.✓

(4)

Kennis – Sill 2.1 – Spyskaartbeplanning

2.4 Keuse van melk

Nota: Leerders behoort UHT of afgeroomde melkpoeier te hê.

Afgeroomde Vet en vog verwyder – poeier verseël in verpakking
poeiermelk:

Rede: Maklik vervoer – klein spasie – maklik aangemaak

OF

UHT Melk word tot 'n baie hoë temperatuur verhit, 140° C vir 2 – 4 sekondes, onmiddellik verkoel en in steriele houers verpak.

Rede: Benodig nie yskasruimte totdat dit oopgemaak is nie.

- 1 punt vir keuse = UHT of afgeroomde melkpoeier
- 2 punte vir proses – moet min of meer korrek wees
- 1 punt vir rede – omdat yskasruimte beperk is. Word slegs in yskas geplaas wanneer dit oop- of aangemaak is

(4)

Hoër Kognitief – Sill. 2.9 – Suiwelprodukte

2.5 Die vel word gevorm bo-op verhitte melk as gevolg van

✓ ✓

- Melkalbumien en melkglobulien wat koaguleer en styg na die oppervlak van melk.
- Vette✓ en mineraalsoute (kalsium)✓ styg ook na bo.
Indien hy die vel weggooi, gooи hy 'n groot deel van die nutriënte weg.

(4)

Hoër Kennis – Sill 2.9 – Suiwelprodukte

(30)

VRAAG 3**3.1 Bevrore vis – ontdooi**

- 3.1.1. Groot drup verlies – Stadig bevries/ontdooi en hervries/groot yskristalle vorm. ✓✓ (2)
- 3.1.2 Vriesbrand – Nie behoorlik verpak – vog kom in kontak met bevrore vis. Verpakking nie behoorlik verseël nie of geskeur. ✓✓ (2)
- 3.1.3 Verandering in lipiede / vette – Hoë vetsuurinhoud sensitief vir oksidasie – word galsterig. ✓✓ (2)

Kennis – Sill 2.11 – Vis

3.2 Veranderinge in rypwordende vrugte

- Verandering in kleur – Sintese van pigmente / afbreek van chlorofil.
 - Tekstuur versag – Protopektien verander in pektien
 - Stysel verander na suiker – Vrugte word soeter.
 - Organiese sure verminder – Minder vrank
 - Vlugtige bestanddele ontwikkel – Geur en reuk ontwikkel
- ✓✓✓ (3)

Begrip – Sill 2.14 – Vrugte

3.3 Doel met gaarmaak van groente

- Om sellulose sagter te maak (nie verteerbaar nie)
 - Om stysel te kook en verteerbaar te maak
 - Om maksimum voedingswaarde te behou
 - Om natuurlike kleur te behou
 - Om geur te verbeter en dit smaakliker te maak
 - Om awisseling by die dieet by te voeg
- ✓✓✓✓ (4)

Begrip – Sill 2.14 – Groente

3.4 Mayonnaise

'n Emulsie ontstaan wanneer twee onmengbare vloeistowwe✓ (asyn en olie) saam gemeng word. 'n Emulsifiseerde omring die druppels – verlaag die oppervlakspanning✓ – die vloeistowwe kombineer om 'n stabiele emulsie✓ te vorm. In mayonnaise – eiergeel bevat 'n hoë proporsie lesitien wat 'n emulsifiseerde is✓.

(4)

Hoër Kognitief – Sill 2.10 – Eiers

3.5 Suurlemoen meringue-tert

- 3.5.1 Sagtepunt-stadium✓
 3.5.2 Vertraag skuimvorming of sal nie klits nie✓
 3.5.3 Verleng klitstyd/ sal langer neem✓
- (3)

Toepassing – Sill 2.10 – Eiers

3.6 Kaassous

- 3.6.1 Meel het minder verdikkingskrag wanneer dit aan droë hitte blootgestel word/bederf voorkoms van die sous. ✓ (1)
- 3.6.2 Roer gedurig om klonte of aanbrand te voorkom. ✓ (1)
- 3.6.3 Gelatinisering✓ (1)
- 3.6.4 Styselmolekules absorbeer vloeistof – swel en bars✓
Viskositeit verhoog (verdik) ✓
Kleur word helder (nie deursigtig) ✓
Ontwikkel 'n gaar smaak✓ (4)
✓ ✓ ✓
- 3.6.5 Jellering → retrogradering → sinerese (nie noodwendig in selfde volgorde) (3)

Kennis – Sill. 2.8 – Grane	(30)
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TOTAAL VIR AFDELING B: [60]

AFDELING C**VRAAG 4****4.1. Kruis en stowebeesvleis****4.1.1 Beste gaarmaakmetode vir stowebiefstuk**

Stowebiefstuk bevat 'n hoë persentasie bindweefsel √ , wat 'n lae temperatuur en 'n lang gaarmaakperiode √ benodig om die vleis sag te maak √ – (verander bindweefsel na gelatien) √

(4)

Hoër Kognitief – Sill 2.12 – Vleis

4.1.2 Vleisanaloë

- Vermoë om groot hoeveelhede vet en vog te absorbeer, sit aansienlik uit en gee meer porsies per gereg.
- Absorbeer geur en sous van ander voedselbestanddele.
- Kitsvoedsel – geen vooraf voorbereiding nie, daarom geen afval bv. bene en vet nie
- Dit krimp nie gedurende die gaarmaakproses nie.
- Word nie deur vries-ontdooi-siklus benadeel nie.
- Besondere lang rakleeftyd.
- Voedsame en smaaklike vleisaanvuller, indien korrek gebruik, verskaf dit 'n hoëgehalte maaltyd. √√√√

(4)

Kennis – Sill 2.12 – Vleis

4.2

Drie Voordoodse	Twee Nadoodse
Voeding, ouderdom, spieraktiwiteit/ anatomiese posisie Verhouding van spiervesels tot bindweefsel, marmering (deurstalling), voordoodse behandeling √√√	Slagtingsproses Koelkrimping, elektriese stimulasie, rigor mortis-proses, rypwording, kookproses √√

Kennis – Sill 2.12 – Vleis

(5)

4.3 Goeie funksionele ontwerp

- Eetarea deel van die oopplan-kombuis – goed
- Ruimte ten beste benut
- Nie genoeg ruimte vir 6 mense om saam in die sitkamer te wees nie – swak
- Badkamer loop uit die kombuis uit
- Geen plek vir enige een om 'n stokperdjie te beoefen nie
- Geen ruimte om ontspanningstoerusting te stoor nie
- Rangskikking van meubels laat nie vrye beweging toe nie
- Beligting – slaapkamer – bedlampies
- Ventilasie – baie deure – goed √√√√√

(6)

Hoër Kognitief – Sill 3.1.1 – Funksionele ontwerp

4.4 Stoorplek

- Items wat saam gebruik word, moet saam gebêre word en waar dit eerste gebruik gaan word.
- Items moet met een oogopslag gesien kan word en maklik uitgehaal kan word, sonder om ander items te moet verwyder.
- Goed wat dikwels gebruik word moet binne maklike bereik wees
- Swaar toestelle moet na aan die vloer gebêre word.
- Alle ruimte moet optimaal benut word en toelaat vir toekomstige behoeftes.
- Bêre koffers ens. onder beddens of bo-op kaste. ✓✓✓✓✓

(5)

Kennis – Sill 3.1.1 – Interieur

4.5 4.5.1 Hou chalet koel

- Isolering bv. dekking
- Breë oorhange
- Sonskerms en blindings
- Ventilasie – oop deure en vensters
- Gordyne
- Waaiers
- Lugreëling

✓✓✓

(3)

4.5.2 Isoleer chalet teen koue

- Elektriese verwärmer
- Isolering in dak – veselglas, los vulsel (dekking)
- Isoleer vensters en deure – weerstroke rondom vensters en deure.
- Dubbelglas
- Gevoerde gordyne en blindings
- Dik vloerbedekkings bv. matte

✓✓✓

(3)

Begrip – Sill 3.1.1 – Interieur

(30)

TOTAAL VIR AFDELING C: [60]

AFDELING D**VRAAG 5****5.1 Tyd**

- Maak lysies en beplan elke dag.
- Gebruik jou beste tyd vir belangrike take en neem jou produktiwiteitskromme in ag.
- Moenie uitstel nie.
- Vereenvoudig take en konsolideer klein take.
- Leer om NEE te sê.
- Leer om kort tydjies nuttig te gebruik.

✓✓✓✓✓

(5)

Begrip – Sill 1.1.2 – Huis en omgewingsorg

5.2 5.2.1 Kleurskema

Analoë kleurskema✓

(1)

5.2.2

ONTWERPBEGINSEL	MOTIVERING
Nadruk✓	Groot prent van leeu✓
Ritme✓	Herhaling van stippels en lyne✓
Informele balans✓	Groot prent aan een kant van deur balanseer visueel met die 2 klein prente aan die ander kant.✓
Straalbalans✓	Mat op vloer✓

Enige twee✓✓

✓✓

Hoër Kognitiewe – Sill 3.1.1 – Interieur

(4)

5.3 5.3.1 Kombuisvorm – Gang-tipe kombuis✓

- Kenmerk
- Twee teenoorstaande mure word benut/
 - Deure aan weerskante
 - Gang = 2.5 m breed

✓

(1)

- 5.3.2 A. Stoof✓ , B. Yskas✓, C. Opwasbak✓

(3)

Toepassing – Sill 3.1.1 – Illusie van ruimte

5.4.1 Aftrekkings

- Pensioen
- Mediese fonds
- WVF
- Inkomstebelasting
- Groepversekering

✓✓

(2)

Kennis – Sill 1.2.3 – Finansiële bestuur

5.4.2 Byvoordele

- Betaalde verlof
 - Behuisingssubsidie
 - Maatskappymotor
 - Ontspanningsfasiliteteite
 - Opvoedkundige fasiliteteite
 - Aftreefonds
 - Betaalde siekverlof
- ✓✓ (2)

5.4.3 Nie-geldelike inkomste

- Nut van eie besittings
 - Tuisproduksie
 - Openbare dienste – swembad
 - biblioteek
 - openbare vervoer
- ✓✓ (2)

Kennis – Sill 1.2.3 – Finansiële bestuur

5.5 Aan 'n groep behoort

- Ontwikkel lojaliteit
 - Word onafhanklik
 - Ontwikkel 'n gevoel van behoort
 - Het status in eie reg
 - Ontwikkel standarde gebaseer op eie waardes
- ✓✓✓ (3)

Begrip – Sill 4.7 – Gesinstudie

5.6 Basiese oorsake van konflik

- Onvermoë om te kommunikeer
 - Kroniese geldelike probleme
 - Veranderinge in struktuur van gesin
 - Ongewenste vriendskappe en verhoudings
 - Mishandeling – fisies en emosioneel
 - Alkohol en dwelmmisbruik
 - Irriterende gewoontes
 - Onvermoë om verantwoordelikheid te aanvaar
- ✓✓✓✓ (4)

Kennis – Sill 4.7 – Gesinstudie

5.7 Maniere waarop eenheid verkry kan word

- Interaksie en kommunikasie tussen gesinslede
 - Voldoen aan verwagtinge wat tot vertroue lei
 - Gesinstradisies bv. vakansie, verjaardae, troues, begrafnisse en verskeie gesinsbyeenkomste
 - Gesinsimbole bv. fotos, vakansies, grappies, stories, gebeure, geskiedenis
 - Gesinsbesittings bv. erfstukke
 - Uitinge van gevoelens
- (3)
(30)

Verduideliking – Sill 4.7 – Gesinstudie

VRAAG 6**6.1 Eienskappe van waardes**

- Waardes gee sin en betekenis aan die lewe.
- Druk houding teenoor natuur, ander mense en God uit.
- Bepaal 'n persoon se lewenskwaliteit en gedragspatrone.
- Waardes beïnvloed handelinge en besluite.
- Waardes is algemener en permanenter as wense.
- Waardes is abstrak, kompleks, betrek emosies en verander stadig en geleidelik, namate 'n mens volwasse raak.
- Intrinsieke waardes is absoluut, ekstrinsieke waardes is relatief ✓✓✓✓✓ (5)

Kennis – Sill 5.1.1 – Bestuursproses

6.2 Riglyne wanneer mikpunte gestel word

- Doelstellings en doelwitte moet jou eie wees.
- Doelwitte moet neergeskryf word.
- Doelwitte moet realisties en bereikbaar wees.
- Doelwitte moet 'n teikendatum hê.
- Doelwitte moet bymekaar aansluit. ✓✓✓ (3)

Kennis – Sill 5.1.1 – Bestuursproses

6.3 Hulpbronne

MENSELIKE HULPBRONNE	NIE-MENSELIKE HULPBRONNE
6.3.2✓	6.3.1✓
6.3.5✓	6.3.3✓
	6.3.4✓

(5)

Begrip – Sill 5.1.1 – Bestuursproses

6.4 6.4.1 Stappe in besluitnemingsproses

Enige SES voorbeelde ✓✓✓✓✓

STAP	VOORBEELD UIT GEVALLESSTUDIE
Identifiseer probleem	Kleuterskool benodig opritte
Versamel inligting	Navorsing
Identifiseer alternatiewe	Metaal/veselglas ens
Ondersoek gevolge	Veselglas breek ens
Neem 'n besluit	Metaal, 2 groottes – emaljeverf R50,00 elk
Tegniek om keuse te implementeer	Vra 'n ingenieursmaatskappy om dit te maak
Evaluering	'n Jaar later....

(6)

Hoër Kognitief – Sill 1.1.1. – Besluitneming

6.4.2 Besluitneming

- a) Vlak –
Ekstensieve vlak van besluitneming✓ (1)
- b) Tipe –
Tegniese besluit✓ (1)
- c) Sentrale besluit
Om opritte te maak vir kleuterskool✓ (1)
- d) Twee satelliet-besluite
Materiaal om dit te maak/verf/hoogte/koste✓✓ (2)

Toepassing – Sil 1.1.1. – Besluitneming

6.5 Tipe eise

Emosioneel	Fisies	Verstandelik	
A, E✓✓	C, D✓✓	B, F✓✓	(6) (30)

Toepassing – Sill 1.14 – Werkstudie

TOTAL VIR AFDELING D: [60]

TOTAL: 200