



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## **NATIONAL SENIOR CERTIFICATE**

**GRADE 12**

**DANCE STUDIES**

**EXEMPLAR 2014**

**MARKS: 100**

**TIME: 3 hours**

**This question paper consists of 8 pages.**

**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of TEN questions. Answer only EIGHT questions.
2. This question paper consists of TWO sections:  
  
SECTION A: Consists of FIVE questions.  
Note that you have a choice between QUESTION 4 and QUESTION 5 in this section. If you answer both questions, only the first question answered will be marked.  
  
SECTION B: Consists of FIVE questions.  
Note that you have a choice between QUESTION 7 and QUESTION 8 in this section. If you answer both questions, only the first question answered will be marked.
3. Number the answers correctly according to the numbering system used in this question paper.
4. Read each question carefully and take note of what is required.
5. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
6. You will be assessed on your ability to:
  - Use good English (Write only in one language.)
  - Organise and communicate information clearly
  - Use the specific format asked for in certain questions
  - Use specialist dance terminology where appropriate
7. Write neatly and legibly.

**SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE****QUESTION 1**

You have been learning about safe dance practices in all your dance classes.

Answer the following questions:

- 1.1 Changes happen to your body when you start performing large repetitive movements.  
Identify and explain FOUR important changes that take place in the body during a dance warm-up. (4)
- 1.2 Briefly explain THREE of the most common factors that contribute to dance injuries in a dance class or dance performance. Give reasons for EACH factor. (3 x 2) (6)  
**[10]**

**QUESTION 2**

All dancers require developed levels of fitness in all areas to execute movements efficiently and with a high performance quality.

- 2.1 Clearly define the term *cardiorespiratory endurance*. (2)
- 2.2 Explain FOUR ways in which a dancer could develop this fitness component in the dance class as well as outside the dance class. (2 x 2) (4)
- 2.3 Briefly explain THREE benefits of this fitness component to a dancer's performance. (3)  
**[9]**

**QUESTION 3**

Nutrition and hydration are very important elements in contributing to a dancer's performance.

- 3.1 Name the FIVE main food groups dancers should include in their daily diet for optimum performance in the dance class. Briefly describe why EACH food group is essential. (½ x 10) (5)
- 3.2 Discuss the need for additional hydration for dancers and the consequences of dehydration. (3)
- 3.3 In your opinion, why can dancers be prone to eating disorders? Give THREE clear reasons. (3)  
**[11]**

**NOTE: You have a choice between QUESTION 4 and QUESTION 5. Answer only ONE of these questions.**

**QUESTION 4**

- 4.1 Name THREE relaxation techniques which could be used effectively to help manage stress and tension in a dancer. (3)
- 4.2 Discuss how stress and tension could negatively affect a dancer's attitude in the dance class and limit his/her performance abilities. Give FOUR clear reasons. (4)
- 4.3 Why are the following concepts important in dance?
- 4.3.1 Commitment to daily dance practice (1)
- 4.3.2 Commitment to dance movement (1)
- 4.3.3 Commitment to others in the dance class (1)
- [10]**

**OR**

**QUESTION 5**

Dancers require knowledge of how their joints and muscles function in order to understand and implement dance movements safely and correctly. Study the photograph below and answer the questions.



[Source: [absolutePilateswithleslie.com](http://absolutePilateswithleslie.com)]

- 5.1 What type of joint is found in the shoulder and hip? (1)
- 5.2 What type of joint is found in the elbow and knee? (1)
- 5.3 Name the main muscle group responsible for knee flexion. (1)
- 5.4 Name the main muscle group responsible for knee extension. (1)
- 5.5 What anatomical action occurs in the ankles of the dancer? (1)
- 5.6 Which main muscle is responsible for this action? (1)
- 5.7 Name ONE action occurring in the dancer's torso. (1)
- 5.8 Which main muscle is responsible for the action of the dancer's head? (1)
- 5.9 In your opinion, are this dancer's arm movements well aligned? Motivate your answer by giving TWO clear reasons. (2)
- [10]**

**TOTAL SECTION A: 40**

**SECTION B: DANCE HISTORY AND LITERACY****QUESTION 6**

You have learnt about TWO different dance forms in Dance Studies from Grades 10 to 12. One of these was African dance.

Answer the following questions:

- 6.1 Name your dance major that you performed in class at school, for example African dance/contemporary dance/classical ballet/Spanish dance.
- 6.2 State SEVEN factors that clearly describe the history or development of your dance major. (7)
- 6.3 Discuss FOUR of the principles, characteristics or style used in your dance major and compare them to the principles, characteristics or style used in the Dance Studies practical assessment task (PAT) – cross-cultural/indigenous dances you have studied (a second dance form). (4 x 4) (8)

**[15]**

**NOTE: You have a choice between QUESTION 7 and QUESTION 8. Answer only ONE of these questions.**

**QUESTION 7**

You have studied South African and international dance works from the prescribed lists in Grades 10 to 12. Choose ONE of the dance works below and answer the questions that follow.

<b>SOUTH AFRICAN CHOREOGRAPHERS</b>	<b>DANCE WORKS</b>
Veronica Paeper	<i>Orpheus in the Underworld</i>
Vincent Mantsoe	<i>Gula Matari</i>
Alfred Hinkel	<i>Last Dance (Bolero)/I am Cinnamon</i>
Sylvia Glasser	<i>Tranceformations</i>
Gary Gordon	<i>Bessie's Head</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Carolyn Holden	<i>Imagenes/Blood Wedding</i>
Gregory Maqoma	<i>Four Seasons</i>

<b>INTERNATIONAL CHOREOGRAPHERS</b>	<b>DANCE WORKS</b>
George Balanchine	<i>Apollo or Agon</i>
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Appalachian Spring or Lamentation</i>
Christopher Bruce	<i>Ghost Dances or Rooster</i>
Marius Petipa and Lev Ivanov	<i>Swan Lake</i>
Vaslav Nijinsky	<i>Le Sacre du Printemps</i>
Paul Taylor	<i>Esplanade</i>
Jiri Kylian	<i>Stamping Ground</i>

- 7.1 Name the dance work you are using in your answer.
- 7.2 Briefly describe the synopsis/intent of this dance work/the reasons why the choreographer created this work. (4)
- 7.3 Describe the music/accompaniment used in this work.
- Include the following in your answer:
- The name of the composer/group (1)
  - The style/genre of the music. Was it performed live or was it recorded? (1)  
( $\frac{1}{2} \times 2$ )
  - A description of the instrumentation/accompaniment used (1)
  - How the music/accompaniment added to the overall impact of the dance work. Justify your answer. (2)
- 7.4 How did the choreographer use production elements to add to the impact/meaning/symbolism of this work? Describe THREE production elements in detail. (3 x 2) (6)
- 7.5 Evaluate how the choreographer used movement to convey the message in this dance work. Give FIVE substantiated examples from this dance work. (5)  
**[20]**

**OR**

### **QUESTION 8**

Answer the questions below from the South African dance work, *Four Seasons* by Gregory Maqoma.

- 8.1 'A simple piece, it portrays a hard-hitting message how the world is at the mercy of human hands.'
- Elaborate on the statement above, outlining the synopsis of this work, and give THREE examples used in the production synopsis that portray this. (3)
- 8.2 Choose AND name only TWO of the four seasons performed in this work, and give your opinion on how the choreographer depicted these seasons. You may include lighting/costumes/set-effects, et cetera. You have to include movement vocabulary in your answer. (2 x 5) (10)
- 8.3 The band and music play a large role in introducing mood and atmosphere to the production. Write down FOUR detailed explanations of how this was achieved. (4)
- 8.4 Evaluate THREE of Gregory Maqoma's main contributions to dance in South Africa. (3)  
**[20]**

**QUESTION 9**

You have studied South African and international choreographers from the prescribed list in Grades 10 to 12. Choose ONE choreographer below and answer the questions that follow.

Do NOT select Gregory Maqoma if you have answered QUESTION 8.

<b>SOUTH AFRICAN CHOREOGRAPHERS</b>	<b>INTERNATIONAL CHOREOGRAPHERS</b>
Veronica Paeper	George Balanchine
Vincent Mantsoe	Alvin Ailey
Alfred Hinkel	Martha Graham
Sylvia Glasser	Christopher Bruce
Gary Gordon	Marius Petipa and Lev Ivanov
Mavis Becker	Vaslav Nijinsky
Hazel Acosta	Paul Taylor
Carolyn Holden	Jiri Kylian
Gregory Maqoma	-

- 9.1 Name the choreographer you are using in your answer.
- 9.2 Describe THREE main influences on his/her early dance training that had an impact on this choreographers' dance career. (3)
- 9.3 Identify dance companies this choreographer has been associated with during his/her career and his/her role in/contribution to the companies. State FIVE main aspects. (5)
- 9.4 Describe FOUR of the dance style(s) and specific characteristics this choreographer uses in his/her dance works. Substantiate your answer with examples from some of his/her works. (4)
- 9.5 List THREE important contributions, in your opinion, that this choreographer has made to dance or THREE awards granted by the dance world. (3)
- [15]**

**QUESTION 10**

You have choreographed your own dance works from Grades 10 to 12.

Describe how dancers/choreographers can use the following elements within a dance work:

- 10.1 Time. Give THREE examples of how this can be used. (3)
- 10.2 Force. Give THREE examples of how this can be used. (3)
- 10.3 Space. Give FOUR examples of how this can be used. (4)
- [10]**

**TOTAL SECTION B: 60**  
**GRAND TOTAL: 100**