

JUNIOR LYCEUMS ANNUAL EXAMINATIONS 2001

Educational Assessment Unit – Education Division

FORM 1

HOME ECONOMICS






TIME: 1h 30min

Name: _____

Class: _____

Answer all the Questions

- 1 a. Your parents received a knife set as an anniversary present. Give the name and correct use of the following knives which form part of the set.

	NAME	CORRECT USE
	_____	• _____ _____
	_____	• _____ _____
	_____	• _____ _____
	_____	• _____ _____
	_____	• _____ _____

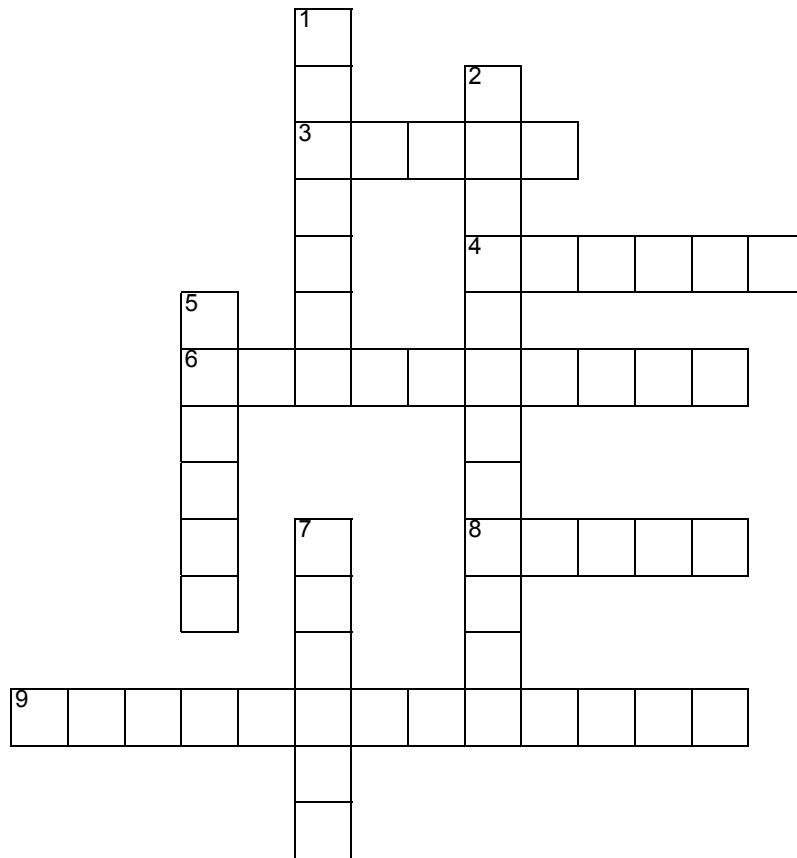
(10 marks)

- b) Write down **two** rules that should be followed when cleaning knives after use.

(i) _____

(ii) _____ (2 marks)

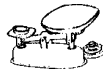
2. a. Fill-in the grid using the clues below.



(9 marks)

Clues:

1. a type of kitchen scales (7)



2. I use it to measure a liquid (12)

3. a  teaspoon (5)

4. a popular type of kitchen scales (6)



5. a  teaspoon (6)

6. a modern type of kitchen scales (10)



7. we measure liquids in this unit (6)

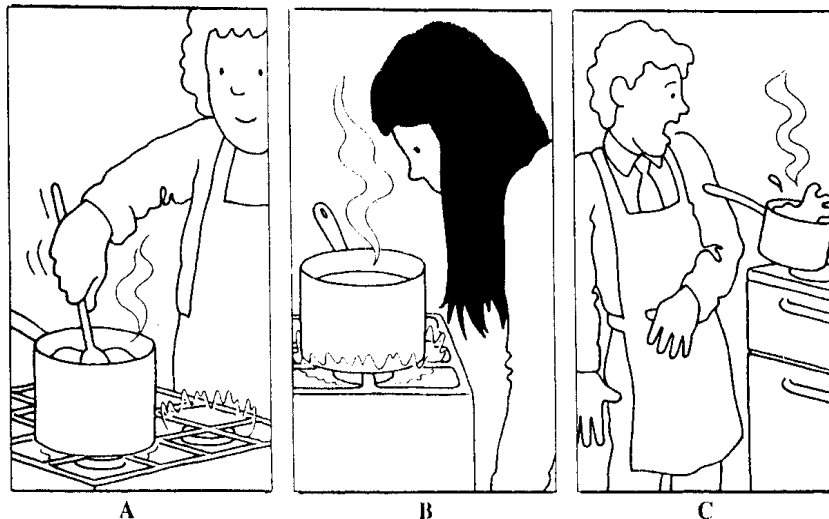
8. we measure solid and dry ingredients in this unit. (5)

9. a useful set when recipe does not use metric measure. (13)

b) What happens if we do not measure our ingredients well when following a recipe?

- _____ (1 mark)

3. We should be very careful when using a cooker.



a. Explain why each of the activities shown in the diagrams above is dangerous:

activity A _____

activity B _____

activity C _____

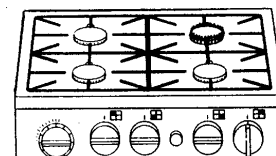
(6 marks)

b. Your friend has never used a gas cooker before. Make a list of **three** safety rules for using the gas hob shown here.

i) _____

ii) _____

iii) _____



(3 marks)

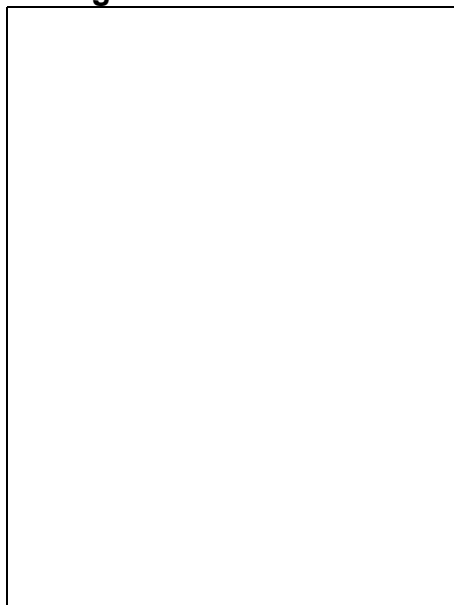
c. In the space below, draw the cooker which you have at home. On it mark the position of the:

hob

grill

oven

controls



(2, 4 marks)

- d. Your friend scalds her hand while stirring some hot soup.
What first-aid treatment would you give her?

i) _____
ii) _____ (2 marks)

- e. Suggest **four** activities when it is important to have a well stocked first-aid box.

(i) _____ (ii) _____
(iii) _____ (iv) _____ (4 marks)

4. a. We are being encouraged to include at least **five** portions of fresh fruit or vegetables in our daily diet.
Suggest **two** ways of including them for:

breakfast: i) _____

ii) _____

a packed lunch: i) _____

ii) _____

a midday meal: i) _____

ii) _____

an evening meal: i) _____

ii) _____ (8 marks)

- b. Why is it important to wash fruits and vegetables well before using them?

- _____
- _____
- _____

(3 marks)

5. Sugar is found in many foods but it is not good for our health.

- a. Name **six** foods which have a high sugar content.

i) _____ ii) _____ iii) _____

iv) _____ v) _____ vi) _____

(3 marks)

- b. What happens if we eat too much sugar in our diet?

i) _____

ii) _____

iii) _____ (3 marks)

- c. Suggest **four** ways how teenagers could reduce the amount of sugar they eat.

i) _____

ii) _____

iii) _____

iv) _____ (4 marks)

6. These two teenagers are preparing some pies; however they are not following hygienic procedures.



- a. Suggest **six** rules they should follow when handling and preparing food.

i) _____

ii) _____

iii) _____

iv) _____

v) _____

vi) _____ (6 marks)

- b. Identify **one** safety precaution to be followed when carrying out the following tasks:

• using an electric appliance: _____

• handling medicines: _____

• drying wooden equipment: _____

• doing the washing-up: _____

• getting ingredients from a hanging cupboard: _____

• storing detergents and household cleaners: _____

_____ (6 marks)

7. We are being encouraged to choose products and services which harm the environment the least.

- a) Discuss how we can Reduce, Reuse and Recycle products in the home to give our share in caring and protecting the environment.

Reduce: • _____
• _____
• _____

Reuse: • _____
• _____
• _____

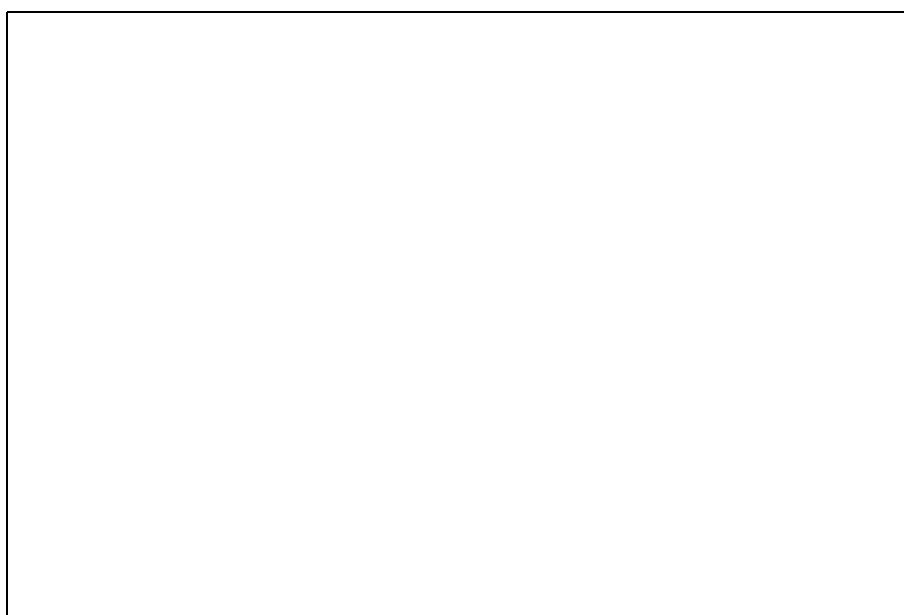
Recycle: • _____
• _____
• _____

(9 marks)

- b. i) Design a poster which includes a written message that encourages your school friends to take care and protect the environment.

Choice of topic: _____

(1 mark)



(3, 2 marks)

- ii) Explain, with reasons, why you have chosen this topic

• _____
• _____

(4 marks)

- c. Your school has been asked by the Local Council to prepare a series of activities to help create an awareness towards the importance of caring and protecting the environment.

List **five** activities which your school could organise.

i) _____

ii) _____

iii) _____

iv) _____

v) _____

(5 marks)