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Leaving Certificate Applied 2001

Vocational Specialism — Community Care

(240 marks)

Monday, 11 June

Afternoon, 2.00 to 3.30

**Marking Scheme
&
Sample Answers**

General Directions

1. Write your EXAMINATION NUMBER in this space:

2. WRITE ALL ANSWERS INTO THIS ANSWER BOOK

Candidates must attempt four questions, one from each of the four sections of the paper.

Each question carries 60 marks.

For the Examiner only

Question	Mark
1	
2	
3	
4	
5	
6	
7	
8	
Total	

Section 1 – The Care of Babies and Young Children

(Attempt Question 1 or Question 2 from this section, each question carries 60 marks)

1. (a) List the basic needs of a new born baby. (6 marks)

- | | | | |
|-----------------------|-----|----------------------------|-----|
| 1. <u>e.g. warmth</u> | (1) | 2. <u>clothing</u> | (1) |
| 3. <u>food</u> | (1) | 4. <u>love and comfort</u> | (1) |
| 5. <u>shelter</u> | (1) | 6. <u>protection</u> | (1) |

- (b) State three advantages and three disadvantages of (i) breast-feeding and (ii) bottle-feeding. (24 marks)

Advantages of breast feeding

- | | |
|---|-----|
| 1. <u>e.g. Contains all necessary nutrients and antibodies.</u> | (2) |
| 2. <u>is at the right temperature.</u> | (2) |
| 3. <u>easy for the baby to digest.</u> | (2) |

Disadvantages of breast feeding

- | | |
|---|-----|
| 1. <u>e.g. may compromise the mothers freedom.</u> | (2) |
| 2. <u>may be difficult to ascertain if baby is getting enough milk.</u> | (2) |
| 3. <u>may cause soreness to the breast.</u> | (2) |

Advantages of bottle feeding

- | | |
|--|-----|
| 1. <u>e.g. easy to measure the amount of milk.</u> | (2) |
| 2. <u>baby can be fed anywhere and by anyone.</u> | (2) |
| 3. <u>mother can be away from the baby.</u> | (2) |

Disadvantages of bottle feeding

- | | |
|--|-----|
| 1. <u>e.g. not so natural a product as breast milk.</u> | (2) |
| 2. <u>time consuming - preparation of bottles etc.</u> | (2) |
| 3. <u>formula milk may not suit baby, cause indigestion.</u> | (2) |

(c) Indicate the sleep requirements of each of the following age groups. (6 marks)

New born baby e.g. up to 20 hours (2 marks)

One year old child up to 15 hours (2 marks)

Four year old child up to 12 hours (2 marks)

(d) Describe a bedtime routine that might help a young child to settle down to sleep. (12 marks)

expect 4 points @ 3 marks each

e.g. • bath/wash child,

• clean nappy and clothes

• take child to say goodnight to family members

• read story / play music

• settle child in cot /bed

(e) Discuss the possible causes of a baby crying and state how you would respond. (12 marks)

Causes **expect 3 causes @ 2 marks each**

e.g. • hunger / thirst

• teething / illness / colic

• fear / lonely

Response **expect 3 responses @ 2 marks each**

e.g. • check cause and deal with it

• comfort child, hold, rock

• Use soothing noises

• audio tape of music

• night light

2. (a) You are planning a summer outing to the Zoo for two children aged four and six years.

Identify the safety precautions that you would take before and during the outing. (12 marks)

Before the outing **expect 2 points @ 3 marks each**

e.g. • talk to children about importance of safety

• bring a safety lead for a young child

• pack a first aid kit

• make sure to have car child seat / restraint

During the outing **expect 2 points @ 3 marks each**

e.g. • do not leave children unsupervised

• make sure children wash hands before eating

• discourage children from eating grass, plants, etc.

• do not allow children to run with objects in their mouths e.g. ice cream sticks etc.

(b) Suggest, giving reasons, suitable clothing and footwear for the trip. (16 marks)

Type of clothing **2 marks**

e.g. sweat pants, track suit, dungarees,
warm washable jacket etc.

Reasons for choice **2 points @ 3 marks each**

e.g. loose and comfortable, no draw strings,
washable, cool etc.

Type of footwear **2 marks**

e.g. well fitting runners or sport shoes,
wellingtons if weather is wet etc.

Reasons for choice **2 points @ 3 marks each**

e.g. support and protect the feet, comfortable for
walking, easy to clean etc.

(c) Suggest four snack foods that you would bring on the trip.

(4 marks)

- | | | | |
|----------------------|------------|---------------------------|------------|
| 1. <u>fruit</u> | <u>(1)</u> | 2. <u>yoghurt / drink</u> | <u>(1)</u> |
| 3. <u>sandwiches</u> | <u>(1)</u> | 4. <u>dried fruit</u> | <u>(1)</u> |

(d) Describe the first-aid procedure for dealing with each of the following:

(16 marks)

(i) a grazed knee **expect 4 points @ 2 marks each**

e.g. • wash with clean water / disinfectant wipes

• dry by patting with a clean towel

• cover with a dry dressing if necessary

• do not use sticking plaster unless wound keeps opening up

(i) a suspected sprained ankle **expect 4 points @ 2 marks each**

e.g. • remove tight clothing

• do not allow weight of body to be put on ankle

• prop up ankle to prevent swelling

• bandage (not tightly)

• seek medical advice if considered necessary

(e) The 'Stay Safe' programme has been recently introduced in schools. Describe some of the principal aspects of this programme.

(12 marks)

expect 2 points @ 6 marks each

e.g. • programme offered in primary schools

• forms part of social, personal and health education

• deals with aspects of personal safety

Section 2 – Child Development and Play

(Attempt Question 3 or Question 4 from this section, each question carries 60 marks)

3. (a) Child development can be divided into five different aspects: *Physical, Intellectual, Language, Emotional, Social*.

Write a sentence to explain each and give an example.

(25 marks)

Physical e.g. growth and development of the body, gross motor skills,
fine manipulative skills. (3 marks)

Example walking, running, painting, pointing. (2 marks)

Intellectual e.g. mental / cognitive development, development of the mind
or part of brain used for reasoning. (3 marks)

Example recognising, reasoning, understanding. (2 marks)

Language e.g. linguistic skills or development of speech. (3 marks)

Example use of words to communicate. (2 marks)

Emotional e.g. development of a child's ability to control his/her
feelings. (3 marks)

Example control over temper, accepting rules. (2 marks)

Social e.g. process of learning new skills and attitudes which enables
individuals to live within community. (3 marks)

Example ability to mix, knowing how to share. (2 marks)

- (b) State how intellectual development can be encouraged in a child's first year.

(9 marks)

expect 3 points @ 3 marks each

e.g. • talk / play with baby.

• place baby where he/she can see what is going on.

• provide toys / objects for play.

• read to baby etc.

(c) Give **three** reasons why books are important for children. (9 marks)

1. **e.g. improves linguistic skills and promotes learning.** (3 marks)
2. **enables child to express him / herself better.** (3 marks)
3. **prevents boredom / provides a hobby etc.** (3 marks)

(d) List **two** practical ways of encouraging a child to take an interest in books and reading. (6 marks)

1. **e.g. read to child regularly.** (3 marks)
2. **take child to library / buy books frequently.** (3 marks)
- combine reading with other activities etc.**

(e) Name and describe a children's book or author that you are familiar with and explain why this book/author would appeal to a child. (11 marks)

Name of book/author _____ **2 marks**

Why book/author might appeal to a child _____ **3 points @ 3 marks each**

- e.g.**
- **Stimulates the child.**
 - **triggers child's imagination.**
 - **provides fun.**
 - **easy to follow story line.**
 - **colourful pictures, graphics etc.**

4. (a) List the benefits children can gain from playing outdoors. (9 marks)

expect 3 benefits @ 3 marks each.

e.g. • **physical development is aided.**

• **new skills learned / fresh air / exercise.**

• **allows child to become independent etc.**

- (b) Give details of one toy or piece of equipment that you would recommend for a garden where young children play. (21 marks)

(i) Name of toy/equipment **3 marks**

(ii) Age suitability **3 marks**

(iii) Approximate cost **3 marks**

(iv) How item promotes child development **2 points @ 3 marks each**

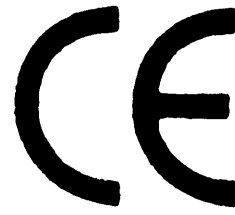
(v) Other reasons for selection **2 points @ 3 marks each**

(c) Explain what each of the following symbols mean when found on toys.

(12 marks)

(6) marks

**European Standards Mark (1990) is
an assurance that the toy is safe for
its intended use.**



(6) marks

**safety symbol used on toys,
indicating item is not suitable for
children between 0-3 years.**



(d) Explain the term *gender stereotyping*.

(6 marks)

expect 2 points @ 3 marks each

**e.g. putting a label on a person according to how we think he/she should
sound, look or behave. Treating boys and girls differently etc.**

(e) Give your views on each of the following statements.

(12 marks)

(i) "Big boys don't cry" **3 points @ 4 marks each**

e.g. • gender stereotyping.

• sends an unhealthy message.

• crying is the human response to pain / upset.

• boys need to be encouraged to express emotions etc.

(ii) "Boys' play is rougher than girls' play" **e.g. • gender stereotyping.**

• may create pressure for boys.

• may be used to justify aggressive behaviour etc.

Section 3 – Home, Family and Community

(Attempt Question 5 or Question 6 from this section, each question carries 60 marks)

5. (a) List four changes that have taken place in the family unit over the last fifty years. (12 marks)

1. e.g. smaller size. (3 marks)
2. more nuclear rather than extended families. (3 marks)
3. more shared responsibilities. (3 marks)
4. less formal, greater emotional expression. (3 marks)

(b) Explain each of the following: (9 marks)

- (i) home e.g. A safe place to rest, eat, sleep and feel protected, provides warmth, shelter, security. (3 marks)
- (ii) family e.g. A relatively small group of people bonded by some connection e.g kinsfolk, law. (3 marks)
- (iii) community e.g. a group of people within a geographical area bonded by a sense of belonging. (3 marks)

(c) Give a brief account of four factors which can help to form a basis for a happy family life. (12 marks)

expect 4 points @ 3 marks each

e.g. • open expression of feelings.

• consistent values, rules and boundaries.

• emotionally mature, well adjusted parents.

• respect for individual family members.

• responsible attitudes.

• economic security.

• adequate housing etc.

- (d) Suggest practical ways of ensuring that each person can have his/her own 'space' within a family. (9 marks)

expect 3 points @ 3 marks each

- e.g.
- **respect for each individuals uniqueness,**
 - **encourage separate interests / activities**
 - **set aside time for each individual member**
 - **set an example of creating personal time / time out**

- (e) The key functions of the family include: *socialisation; practical care; emotional and social support; economic support.*

State how a family might carry out any three of these functions.

(18 marks)

1. Socialisation **2 points @ 3 marks each**

e.g. **Young members are taught the norms, values, traditions, language and culture of the society etc.**

2. Practical Care **2 points @ 3 marks each**

e.g. **family provides for physical needs of members – food, clothing, shelter etc.**

3. Emotional and Social support **2 points @ 3 marks each**

e.g. **family provides love and security making it possible for the young person to develop emotionally etc.**

4. Economic support **2 points @ 3 marks each**

e.g. **family as an economic unit providing for needs of family members, can be assisted by the state etc.**

6. (a) List three housing options available for a young working person. (6 marks)

1. e.g. rent a flat / apartment (2 marks)
2. share a house with friends (2 marks)
3. get 'digs', live at home etc. (2 marks)

(b) Explain each of the following: (12 marks)

Estate agent 3 marks

e.g. arranges the sale / rental of properties.

Lease 3 marks

e.g. a legally binding letting agreement between tenant and house owner.

Sublet 3 marks

e.g. room/s held on a lease are let to another tenant.

Self-contained 3 marks

e.g. contains all facilities, no sharing of facilities with others required.

(c) Assuming you are looking for accommodation to rent, list the questions you should ask the landlord/landlady. (12 marks)

expect 4 points @ 3 marks each

e.g. • how much is the rent / deposit?

• is there a written letting agreement?

• who is responsible for repairs?

• what amenities / facilities are available locally?

(d) Apart from rent, list the other costs that have to be met when renting a flat. (6 marks)

expect 3 @ 2 marks each

e.g. electricity / heating, deposit, T.V. / Telephone connection and costs, refuse collection etc.

(e) Why is it important to save money on a regular basis? (8 marks)

2 points @ 4 marks each

- e.g.**
- essential part of money management
 - allows for unexpected expenditure
 - alternative to credit buying
 - can be used as security for a loan

(f) Describe, giving reasons, the savings scheme you would recommend to a person who is saving for a holiday. (16 marks)

Name of saving scheme **4 marks each**

Description **2 points @ 3 marks each**

Reasons for choice of scheme **2 points @ 3 marks each**

- e.g.**
- rate of interest payable
 - ease of withdrawal
 - safety / risk
 - type of scheme – long / short term etc.

Section 4 – Care of Older People and People with Special Needs

(Attempt Question 7 or Question 8 from this section, each question carries 60 marks)

7. (a)

“Research would indicate that we stereotype older people because we fear old age”
(From “In Due Season”, National Council for the Elderly, Publication No. 31).

Why do people fear growing old?

(8 marks)

expect 2 points @ 4 marks each

e.g. • physical ageing and illness

• reduced income

• loneliness

• vulnerability to weather, attacks etc.

(b) What are the negative effects of these fears?

(8 marks)

expect 2 points @ 4 marks each

e.g. • anxiety and stress

• emotional and physical illness

• loss of confidence

• reluctance to go out etc.

(c) Suggest how society could make the community a better place for older people to live in.
(12 marks)

expect 3 points @ 4 marks each

e.g. • neighbourhood watch scheme

• voluntary community help schemes

• community based senior citizens clubs

• home / hospital visitation etc.

- (d) Describe the work of one organisation that supports older people in the community. (12 marks)

Name of organisation 4 marks e.g. ALONE, Age Action Ireland, St. V. de Paul

Work carried out 2 points @ 4 marks each

- (e) State the differences between a contributory and a non-contributory old age pension. (8 marks)

contributory old age pension depends on minimum annual social
insurance contribution (P.R.S.I.) payable subject to a means test, to
those who are aged 66 and not eligible for a contributory pension

- (f) List four other social welfare allowances/benefits that an elderly person may be entitled to. (12 marks)

1. living alone allowance (3 marks)
2. T.V. license (3 marks)
3. electricity / Gas Allowance (3 marks)
4. butter vouchers etc. (3 marks)

8. (a) Describe three different categories of people who may use a wheelchair. (12 marks)

1. e.g. Person with a congenital defect e.g. Spina Bifida (4 marks)
2. following an accident or stroke (4 marks)
3. person with illness e.g. Multiple Sclerosis (4 marks)

(b) Imagine you use a wheelchair and are going shopping on a busy Saturday afternoon. List four difficulties you might experience. (12 marks)

1. e.g. mobility - public transport not designed for people in wheelchairs (3 marks)
2. access to shops - steps, doors too narrow (3 marks)
3. uneven surfaces - foot paths etc... (3 marks)
4. space in shops - aisles too narrow, cubicles too small etc. (3 marks)

(c) In relation to two of the difficulties listed suggest how each may be overcome. (12 marks)

Difficulty 1. _____

How it may be overcome 2 points @ 3 marks each

Difficulty 2. _____

How it may be overcome 2 points @ 3 marks each

(d) Describe the work of two of the following organisations:

(16 marks)

(i) The Irish Wheelchair Association 2 points @ 4 marks each

- e.g.
- works with individuals with disabilities, their families and carers
 - increases public awareness
 - lobbies government
 - promotes integration
 - runs day resource centres
 - personal assistant services etc.
 - provides information resource centres

(ii) The Special Olympics Committee 2 points @ 4 marks each

- e.g.
- promotes participation in physical activities
 - provides financial support / grants
 - organises competitions
 - hosting 2003 Special Olympics world summer games

(iii) REHAB – The National Rehabilitation Board 2 points @ 4 marks each

- e.g.
- office training and education programmes, job placement and enterprise development
 - offers 40 different vocational programmes leading to certification
 - REHAB Care offers care services and home support

(e) State what you understand by the term *inclusive education*.

(8 marks)

- e.g.
- allows people with special needs to become integrated where possible into mainstream schools
 - helps prevent social exclusion