WARNING

You must return this paper with your answerbook, otherwise marks will be lost.

EXAM NUMBER	6	FOR E	XAMINER
		Total No. of Marks	

AN ROINN OIDEACHAIS AGUS EOLAÍOCHTA

JUNIOR CERTIFICATE EXAMINATION 2002

HOME ECONOMICS

HIGHER LEVEL

FRIDAY 14 JUNE - AFTERNOON 2.00 - 4.30

Total Marks 300

CENTRE STAMP

For examiners use only		
QUESTION	MARK	
Section A		
(Total)		
Section B 1		
2		
3		
4		
5		
6		
TOTAL →		
GRADE →		

INSTRUCTIONS

- 1. <u>Section A</u> 80 marks Answer (twenty) 20 questions from Section A; all questions carry equal marks.
- 2. Answer the questions in the space provided.
- 3. The completed answer sheets for Section A must be returned to the examination supervisor.
- 4. <u>Section B</u> 220 marks. Answer (four) 4 questions from Section B; all questions carry equal marks.

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SECTION A 80 marks

Answer 20 (twenty) of the following questions. All questions carry equal marks.

1. Name <u>one</u> vitamin required to prevent <u>each</u> of the following deficiency diseases:

DEI	FICIENCY DISEASE	VITAMIN REQUIRED
(i)	Scurvy	(i)
(ii)	Night blindness	(ii)
(iii)	Beri beri	(iii)
(iv)	Rickets	(iv)

Exp	lain why some foods must be excluded from a coeliac diet.	
Give	e <u>two</u> effects of heat on milk.	
(i)		
(ii)		
Nan	ne the parts of the cereal grain labelled A, B and C.	4,
A	le the parts of the cereal grain fabelied A, B and C.	
В		

5.	Name four foo	ds that have a high salt content.
	(i)	(ii)
	(iii)	(iv)
6.	Give <u>two</u> benef	its of using stock when making soup.
	(i)	
	(ii)	
7.	Explain the term	m guarantee
8.		actions which may be taken from an employee's gross income.
	(**)	
0		
9.		of information which should be included in a letter of complaint to a retailer.
	(i)	
	(ii)	
	(iii)	
	(iv)	
10.	Suggest <u>two</u> sa	vings options available to a teenager who wishes to save money.
	(i)	
	(ii)	

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04550	st <u>four</u> ways in which a consumer can reduce household waste.
(i)	
(ii)	
(iii)	
(iv)	
What	is the function of the lamps in the requiretery exercing?
w nai	is the function of the <i>larynx</i> in the respiratory system?
Explai	in <u>each</u> of the following terms:
(i)	menstruation
(ii)	fertilisation
. ,	
Descri	ibe the first aid treatment for a sprained ankle
Give t	wo guidelines which may be followed in order to reduce the risk of heart disease
Give <u>t</u>	wo guidelines which may be followed in order to reduce the risk of heart disease.

(i)		
(ii)		
Give <u>one</u> reason why <u>each</u> of th	e following substances are added to the w	ater supply.
SUBSTANCE	REASON	N
(i) Chlorine	(i)	
(ii) Fluoride	(ii)	
<u> </u>	()	
<u> </u>		
<u> </u>		
Explain the term <i>ergonomics</i> _		
Explain the term <i>ergonomics</i> _		
Explain the term <i>ergonomics</i>		
Explain the term <i>ergonomics</i> Suggest <u>two</u> reasons why good i)	ventilation is necessary in a kitchen.	
Explain the term <i>ergonomics</i> Suggest <u>two</u> reasons why good i) ii)	ventilation is necessary in a kitchen.	
Explain the term <i>ergonomics</i>	ventilation is necessary in a kitchen.	

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Give two examples of natural	fibres and suggest a different use for each .
NATURAL FIBRE	USE
(i)	(i)
(ii)	40
i) ii)	g.
ii)	g.
i) ii) iii)	g.
ii)iii)iii)iii)iii)	g.

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SECTION B (220 MARKS)

INSTRUCTIONS

Answer **FOUR** (4) questions from this section; all questions carry equal marks.

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SECTION B 220 marks

1. The following information is displayed on a frozen pizza box.



INGREDIENTS	NUTRITIONAL INFORMATION
Wheatflour, Cheddar and Mozzarella Cheese (20%), Water, Chicken (11%), Red Peppers (8%), Tomato, Onion, Vegetable Oil, Antioxidants, Sugar, Yeast, Salt, Herbs, Spices, Emulsifiers.	Average values per 100g Energy 233kcal/980kj Carbohydrates 27.2g Protein 11.4g Fat 8.7g Fibre 2.1g Sodium 0.5g





328g **e**



- (a) Evaluate the nutritive value of this frozen pizza.
- **(b)** Set out a menu, to include pizza, suitable for a main meal for a teenager.
- (c) Give <u>two</u> reasons why this pizza is not suitable for a vegan.
- (d) (i) Name <u>two</u> food additives used in this pizza.
 - (ii) Give the function of <u>one</u> of the food additives you have named.
- (e) What symbol on this frozen pizza box indicates the place of origin?
- 2. (a) Give <u>four</u> reasons why meat should be included in the diet.
 - (b) What guidelines should be followed when (i) buying (ii) storing <u>and</u> (iii) cooking minced meat?
 - (c) Name three meat products.
 - **(d)** Give <u>one</u> example of a meat substitute.
 - (e) Why have meat substitutes become popular in recent years?

- **3.** Consumers have rights and responsibilities.
 - (a) Explain this statement and include examples in your explanation.
 - **(b)** Give <u>three</u> advantages and <u>three</u> disadvantages of advertising.
 - (c) Name <u>one</u> organisation which controls advertising standards.
 - (d) How does the Consumer Information Act protect the consumer?
 - (e) Explain each of the following terms: (i) unit pricing and (ii) impulse buying.
- **4.** Adolescence is a time of change.
 - (a) Outline <u>three</u> physical changes that occur in boys and <u>three</u> physical changes that occur in girls during puberty.
 - **(b)** List **four** guidelines that an adolescent should follow in order to maintain good personal hygiene.
 - (c) Describe <u>two</u> positive and <u>two</u> negative ways in which adolescents can be influenced by their peers.
 - (d) Name <u>one</u> organisation which offers support to teenagers and briefly outline how this support is provided.
- 5. The refrigerator is an essential appliance in the kitchen.
 - (a) Give <u>three</u> advantages of using a refrigerator.
 - **(b)** Outline **five** points which should be considered when buying a refrigerator.
 - (c) What practical guidelines should be followed when: (i) using <u>and</u> (ii) cleaning a refrigerator?
 - (d) Explain what a *four-star rating* means on a fridge-freezer.
- **6.** Cotton is a very versatile and popular textile.
 - (a) Outline the stages involved in the production of cotton.
 - **(b)** List **three** examples of cotton fabric.
 - (c) Suggest <u>three</u> fabric finishes which can be applied to cotton.
 - (d) State <u>two</u> desirable properties of cotton as a household textile.
 - (e) Sketch the symbol which indicates that a fabric is pure cotton.

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