

## Exam resources - Dermatology

### Murtagh

Don't forget to read all the chapters relating to Dermatology. This is always the first place to start when studying each system for the exam. Ideal for the approach to the case and diagnostic options, look elsewhere for up to date management guidelines.

### NPS Medicinewise News/ NPS News

These are probably the best summaries on this website

[http://www.nps.org.au/health\\_professionals/publications/nps\\_news](http://www.nps.org.au/health_professionals/publications/nps_news)

<http://www.nps.org.au/publications/health-professional/medicinewise-news>

Topical issues in dermatology

[http://www.nps.org.au/\\_data/assets/pdf\\_file/0010/66349/news61\\_skin\\_conditions\\_1208.pdf](http://www.nps.org.au/_data/assets/pdf_file/0010/66349/news61_skin_conditions_1208.pdf)

### How to treat – Australian Doctor

The weekly Australian Doctor magazines inside section "How To Treat" have great summaries. Not all the articles are online, some are available through their iphone/ipad app or in their annual yearbooks available to purchase

<http://www.australiandoctor.com.au/education/how-to-treat>

You must be logged on and registered to be able to access the articles. It is free to register online with Australian doctor. There are lots of articles, but the main ones to focus are on some of the common or important conditions

Dermatology –

Disorders of pigmentation

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=cfa62b43-817b-40c2-bf1c-09399d64fe20> ; <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=360b2e74-c9aa-4fa1-b178-373e466ebe4d>

Melanoma

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=dc1fa478-a00b-4cdb-892e-c803b6398be4>

Occupational contact dermatitis

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=578ba106-3bc8-4d07-bf0c-20a742820bc8>

Urticaria <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=a736f86b-ed82-48ba-8d32-fd72612931ea>

Psoriasis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=95c65e40-d325-49f9-9cb5-014dfd3be047>

Male Genital dermatoses

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=a51409b1-c4c2-4cd7-94f6-d84a6c628527>

Solar keratosis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=ee009d5c-ce62-4dc3-a49c-c2dc65266d9a>

Skin cancer and benign lesions

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=174df352-6d5f-4797-a09a-368843eff854>

Hair loss <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=bcf7539b-017c-4e0e-bc37-94197abd7c26>

Acne <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=50e6933f-35cc-408f-881c-5bbc01b48287>

Vulval disease <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=c9da7920-c136-4476-b57c-0c00fdeb3db2> ;

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=fc2c32ad-05f7-4c56-bf4d-bf6ae3ac6a3a>

Hirsutism <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=317f9360-97b2-4b29-b9ec-6d79c37b16af>

Blistering skin conditions

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=e71be809-4b96-49c5-bba9-98a17bd1a6bc>

Atopic dermatitis <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=6fac2638-4092-4c75-a0ce-0a39c66c8f1b>

Pedal dermatoses <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=94fb63e0-e0d9-4432-afac-f18de394da1c>

Skin manifestations of connective tissue disease

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=02b35ad8-04c9-4d8c-8161-ba1be75fda15>

Drug eruptions <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=c799503b-87f5-456a-83b2-6bd9d1b25fa3>

Burns in adults <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=6dfa116e-ae40-4f17-bd8d-c890349f2c96>

Skin infections and infestations in children

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=6bd02800-28aa-4034-8ec4-fdcc86c384c0>

Nail disorders <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=70ee4dc6-515e-4223-b212-d20400f05bf2>

SCC's <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=25a4a49a-492f-491b-8e31-e0840d8c7910>

Skin problems in adolescents

<http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=57239c47-ab23-432f-99bb-3f12a13f68b8>

BCC's <http://www.australiandoctor.com.au/cmspages/getfile.aspx?guid=06633fa9-619d-4f9d-81cc-c4a37c6311c9>

## Therapeutic guidelines

The dermatology issue

## Australian Family Physician

Hopefully you are already receiving this. The GP specific medical journal, they have great quizzes linked to them as well including check

<http://www.racgp.org.au/afp>

Search AFP by topic - <http://www.racgp.org.au/afp/topics/Dermatology>

Cutaneous appendages - <http://www.racgp.org.au/afp/2014/may/symmetrical-cutaneous-bilateral-appendage/>

Skin condition in Fiji - <http://www.racgp.org.au/afp/2014/may/a-skin-quandary/>

Palmar blisters - <http://www.racgp.org.au/afp/2014/may/recurrent-palmar-blister/>

SCC and radiotherapy - <http://www.racgp.org.au/afp/2014/januaryfebruary/advanced-skin-scc/>

Post op wound mx - <http://www.racgp.org.au/afp/2013/december/post-operative-wound-management/>

ACEI angioedema - <http://www.racgp.org.au/afp/2013/december/ace-inhibitor-angioedema/>

Plaques - <http://www.racgp.org.au/afp/2013/december/cutaneous-indurated-plaque/>

Hairy elbows - <http://www.racgp.org.au/afp/2013/november/hairy-elbows/>

Skin rash upper limbs - <http://www.racgp.org.au/afp/2013/october/skin-rash/>

Kawasaki - <http://www.racgp.org.au/afp/2013/july/kawasaki-disease/>

Hair loss on pubis - <http://www.racgp.org.au/afp/2013/july/patchy-pubis-hair-loss/>  
 Oral hypopigmented lesions - <http://www.racgp.org.au/afp/2013/july/oral-hyperpigmented-lesions/>  
 Hyperhidrosis - <http://www.racgp.org.au/afp/2013/may/hyperhidrosis-and-bromhidrosis/>  
 Penile appearance - <http://www.racgp.org.au/afp/2013/may/penile-appearance/>  
 Subungual nodule big toe - <http://www.racgp.org.au/afp/2013/april/subungual-nodule/>  
 Head lice - <http://www.racgp.org.au/afp/2013/march/wet-combing/>  
 Pretibial erythematous plaque - <http://www.racgp.org.au/afp/2013/januaryfebruary/pretibial-erythematous-plaque/>  
 Diabetic charcot foot - <http://www.racgp.org.au/afp/2013/januaryfebruary/bilateral-diabetic-charcot-foot/>  
 Resistant itchy lesions - <http://www.racgp.org.au/afp/2012/december/resistant-itchy-lesions/>  
 Finger nodules and a rash - <http://www.racgp.org.au/afp/2012/november/multiple-finger-nodules/>  
 Rash in returned traveller - <http://www.racgp.org.au/afp/2012/november/rash-in-the-returned-traveller/>  
 Interdigital erosions - <http://www.racgp.org.au/afp/2012/october/interdigital-erosions/>  
 Skin rash and limb weakness - <http://www.racgp.org.au/afp/2012/october/skin-rash-associated-with-limb-weakness/>  
 Cutaneous plaques in diabetics - <http://www.racgp.org.au/afp/2012/september/cutaneous-plaque-in-a-diabetic-patient/>  
 Penile lesions - <http://www.racgp.org.au/afp/2012/september/multiple-penile-lesions/>  
 Neonatal rash - <http://www.racgp.org.au/afp/2012/september/neonatal-rash/>  
 Skin cancer issue - <http://www.racgp.org.au/afp/2012/july/>  
 Thermal burns - <http://www.racgp.org.au/afp/2012/june/thermal-burns-assessment-and-acute-management/>  
 Birthmarks - <http://www.racgp.org.au/afp/2012/may/birthmarks/>  
 Common rashes in neonates - <http://www.racgp.org.au/afp/201205/201205su.pdf>  
 Lesions and tattooed skin - <http://www.racgp.org.au/afp/2012/may/lesions-on-tattooed-skin/>  
 Venous leg ulcers - <http://www.racgp.org.au/afp/2012/may/venous-leg-ulcer-management-in-general-practice/>  
 Ring like lesions - <http://www.racgp.org.au/afp/2012/januaryfebruary/ring-like-lesions-on-the-hand/>  
 Monomorphous papulopustular rash - <http://www.racgp.org.au/afp/2011/december/monomorphous-papulopustular-rash/>  
 Melanoma diagnosis in GP - <http://www.racgp.org.au/afp/2011/december/melanoma-improving-diagnosis/>  
 Skin nodules with linear distribution - <http://www.racgp.org.au/afp/2011/october/skin-nodules-with-a-linear-distribution/>  
 Hyperpigmentation - <http://www.racgp.org.au/afp/2011/september/hyperpigmentation/>  
 Green concretions on axillae - <http://www.racgp.org.au/afp/2011/august/green-concretions-on-the-left-axillae/>  
 Whole issue on dermatology - <http://www.racgp.org.au/afp/2011/july/>  
 Ruffled wound suturing - <http://www.racgp.org.au/afp/2011/june/ruffled-wound-suturing/>  
 S-plasty - <http://www.racgp.org.au/afp/2011/april/s-plasty/>  
 Smelly foot rash - <http://www.racgp.org.au/download/documents/AFP/2011/March/201103moraiss.pdf>  
 An odd looking lesion - <http://www.racgp.org.au/download/documents/AFP/2011/March/201103leung.pdf>  
 Non-genital warts - <http://www.racgp.org.au/download/documents/AFP/2011/JanFeb/201101leung.pdf>  
 Z-plasty - <http://www.racgp.org.au/afp/201009/201009kim.pdf>  
 Acne management - <http://www.racgp.org.au/afp/201009/201009cook.pdf>  
 Periorbital skin cancer - <http://www.racgp.org.au/afp/201008/201008tomas.pdf>

BCC - <http://www.racgp.org.au/afp/201004/201004tomas.pdf>  
 Painful nail lesion - <http://www.racgp.org.au/afp/201003/201003galvan.pdf>  
 Chronic urticaria - <http://www.racgp.org.au/afp/201003/201003fernando.pdf>  
 Bite's issue - <http://www.racgp.org.au/afp/200911>  
 Sweaty, smelly hands and feet - <http://www.racgp.org.au/afp/200909/200909scarff.pdf>  
 There's an entire issue on weird skin stuff - <http://www.racgp.org.au/afp/200907>  
 Recurring melanoma - <http://www.racgp.org.au/afp/200712/200712Tomas.pdf>  
 Management of skin cancer - <http://www.racgp.org.au/afp/200712/200712byrnes.pdf>  
 Pigmented and thickened axillary folds -  
<http://www.racgp.org.au/afp/200710/200710weightman.pdf>  
 Acitinic Keratoses - <http://www.racgp.org.au/afp/200707/200707chia.pdf>  
 Skin and Cushing syndrome - <http://www.racgp.org.au/afp/200707/200707phillips.pdf>  
 Painful nodules - <http://www.racgp.org.au/afp/200707/200707loh.pdf>  
 Skin cancer in GP - <http://www.racgp.org.au/afp/200707/200707reen.pdf>  
 Treating Acitinic Keratoses - <http://www.racgp.org.au/afp/200705/200705dixon.pdf>  
 Rare skin cancers - <http://www.racgp.org.au/afp/200703/200703dixon.pdf>  
 High risk SCC - <http://www.racgp.org.au/afp/200701/20070129dixon.pdf>

### **GP learning – includes check and multiple choice questions**

Since it's up date, only has small number of questions available. Your best options are to search for multiple choice questions, or clinical challenge.

Check GP learning closer to the exams as this is where they will give you some practice papers prior to the exam, and they give you feedback on how you went.

<http://gplearning.racgp.org.au/Home/Home.aspx?ReturnUrl=%2f>

### **Dermnet**

This is a great dermatology website for day-to-day practice. It also has some nice summaries when you look up health professional information. And they have some quizzes as well

<http://www.dermnetnz.org>

### **Think GP**

You can subscribe to this for free; it has some great information and takes you through a wide range of topics with questions attached.

<http://thinkgp.com.au>

### **RRMEO tele-derm program (via email) and radiology cases**

You should already be receiving this via email; it is a great way to revise dermatology. They have a list on their website of all the dermatology cases and also have some other good resources such as the radiology cases

[https://www.rrmeo.com/rrmeo/dls\\_rrmeo.pl?a=welcome](https://www.rrmeo.com/rrmeo/dls_rrmeo.pl?a=welcome)

### **Text books and other resources**

Murtagh – is essential reading but its greatest use is for his diagnostic framework, diagnostic triads and red flags

Medicine Today is a journal you can get for free – too much detail for the exams, but good articles

Australian Medicine Handbook – introductory pages in each section are a great way to revise management.

A good dermatology textbook is handy some examples are Fitzpatrick's Colour Atlas and Synopsis of Clinical Dermatology; Roxburgh's Common Skin Disease; "Skin Disease Diagnosis and Treatment" by TP Habif