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General Certificate of Secondary Education
January 2016

# **Learning for Life and Work: Modular**

Unit 4

Personal Development



[GLW51]

\*GLW51\*

# THURSDAY 7 JANUARY, MORNING

TIME

45 minutes.

## **INSTRUCTIONS TO CANDIDATES**

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write outside the boxed area on each page or on blank pages.

Complete in blue or black ink only. **Do not write with a gel pen.** 

The insert (containing Source A) is to be used for Questions 4 and 5 in Section B.

Answer all questions in this paper.

## **INFORMATION FOR CANDIDATES**

The total mark for this paper is 40.

Quality of written communication will be assessed in Questions 4 and 5.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

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## **Section A**

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Answer all questions in this section.

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s qu	estion is about building and maintaining healthy relationships.
(a)	Write down <b>one</b> way young people may show respect for parents.
	[1]
(b)	Identify and explain <b>one</b> way sharing responsibility may help support a healthy relationship.
	[2]
(c)	Identify and explain one way a parent may encourage independence in children.
	(a) (b)

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	question is about the concept of self.	
2 (a	a) Write down one way of dealing with an Internet bully.	
		[1]
(I	Explain <b>one</b> external pressure on a young person.	
		[2]
(0	Explain one way self-discipline may help support a young person studying for GCSE.	r
		 [2]

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(a)	Write down <b>two</b> examples of a need.	
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(b)	Identify <b>and</b> explain <b>two</b> disadvantages of buying secondhand goods.	
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(c)	Identify <b>and</b> explain <b>two</b> consequences for a family of getting into debt.	
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#### **Section B**

Answer all questions in this section.

- 4 Read **Source A** and use it to help you answer this question.
  - (a) Explain two ways a workplace may improve a person's social health.

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(b)	Explain the benefits of regular exercise to a young person.

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For Examiner's use only		
Question Number	Marks	
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Total Marks

**Examiner Number** 

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General Certificate of Secondary Education January 2016

# Learning for Life and Work: Modular

Unit 4
Personal Development



# [GLW51] THURSDAY 7 JANUARY, MORNING

# **SOURCE A**

## **Insert: Personal Development**

For use with Questions 4 and 5.

#### SOURCE A

#### Social Health

The work place provides an opportunity for people to meet and develop friendships. People who work together may also discuss a common interest such as sport or music which may help improve a person's social health.

Exercise is a good way of socialising with other young people and enjoying the benefits of getting fitter and feeling better.

Young people need to be very careful about how much they drink as too much alcohol may cause accidents or injuries to others. A young person may have a feeling of a hangover which may prevent attendance at work or college. Alcohol has many physical and emotional effects so young people should drink sensibly.



Source: Chief Examiner