Centre No.					Pape	er Refer	ence			Surname	Initial(s)
Candidate No.			5	3	2	3	/	0	1	Signature	

Paner Reference(s)

5323/01

Edexcel GCSE

Health and Social Care

(Double Award)

Unit 3: Understanding Personal Development and Relationships

Tuesday 26 January 2010 – Afternoon

Time: 1 hour 30 minutes

Materials required for examination	Items included with question paper
Nil	Nil

Instructions to Candidates

In the boxes above, write your centre number, candidate number, your surname, initial(s) and signature. Check that you have the correct question paper.

Answer ALL the questions. Write your answers in the spaces provided in this question paper. Do not use pencil. Use blue or black ink.

Information for Candidates

The marks for individual questions and the parts of questions are shown in round brackets: e.g. (2). There are 4 questions in this question paper. The total mark for this paper is 90. There are 16 pages in this question paper. Any blank pages are indicated.

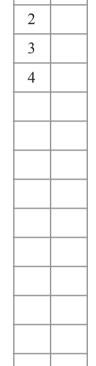
Advice to Candidates

You are reminded of the importance of clear English and careful presentation in your answers.

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Examiner's use only

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Total



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Answer ALL questions in the spaces provided.

Arran is 20 years of age and is in his second year at University. He is studying mechanical engineering and would eventually like to work in motor racing. Arran is enjoying his course and finds the topics he is studying interesting but tough.

In his spare time Arran enjoys playing sport and going to the gym. Arran also has a part-time job in a night club which he enjoys as it brings him into contact with lots of different people. The additional money is also useful.

Arran and a group of his friends have just booked a holiday to Cuba which they are all looking forward to.

(a)	From the background information, identify one physical, social, emotional and intellectual factor that indicates Arran is developing normally.
	Physical
	Social
	Emotional
	Intellectual
	(4)
(b)	Arran has a positive self-concept. Define what is meant by the term self-concept .
	(2)



c)	Explain the importance of a positive self-concept to Arran's growth and development.
	(4)

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3

Ex	plain the importance of intellectual development on health and well-being.
••••	
••••	
••••	
••••	
••••	
••••	

Arran enjoys sport, going to the gym and eating healthily.	
Discuss the importance of lifestyle factors on Arran's health and well-being.	
	•••••
	•••••
	•••••
	•••••
	(8)
(Total 24 mar	rks)



Turn over

5

<i>'</i>)	
2.	Arran has an older sister called Tammy. She is 26 years of age and has Down's Syndrome.
	She lives at home with her mum and dad. During the day she attends a social education
	centre which promotes the learning and development needs of adults with disabilities.
	Her best friend is Verity who is also 26 years of age. Verity was seriously injured in a
	car accident 10 years ago which affected her mobility and her memory. She has found it
	hard to cope with her disability and gets very frustrated from time to time. Both women
	enjoy their time at the centre as they have been learning computer skills and how to
	relax by doing yoga. They also get the opportunity to meet other people.

(a)	State Tammy and Verity's current life stage.	
		(1)
(b)	Verity has a low self-esteem. Explain how her accident may have affected self-esteem.	her
		••••
		••••
		••••
		••••
		••••
		 (4)



Leave	
blank	

- (c) Tammy will develop many different types of relationships during her life time, including:
 - Family
 - Friends
 - Intimate and Sexual
 - Working.

Complete the table.

Relationship	Type of Relationship
Tammy's relationship with Arran	
Tammy's relationship with her tutors at the centre	
Tammy's relationship with Verity	
Tammy's parents' relationship	
	(4)
(d) A person's health is determined by bo	th their genetics and their environment.
(i) Identify two genetic factors v development.	which have affected Tammy's growth and
1	
2	
	(2)
(ii) From the case study, identify t affected Verity's growth and deve	wo environmental factors which could have elopment.
1	
2	
	(2)



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(iii) Explain the difference between the terms genetic and environment.
(4)

) Discu	ass how attending the social education centre is positively affecting Tammy's
devel	opment.
•••••	
•••••	(8)
	(Total 25 marks)



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2	
J	•

Arran's mum is called Ruksana. She is 50 years of age and works full-time as a classroom assistant in a primary school. She finds her work enjoyable but stressful. She has little time to socialise with her friends because of her work and also having to look after Tammy. She has lost contact with many of her friends and has recently been feeling very depressed.

Ruksana also tends to drink alcohol heavily, takes very little exercise and has put on a lot of weight. Her husband is worried about her health and has encouraged her to see her GP. Her GP has informed her that she has high blood pressure and has advised her to cut down on her drinking, lose weight and take more exercise.

(a)	State,	in	their	correct	order,	the	three	life	stages	Ruksana	has	already	passed
	throug	gh.											

1	
2	
3	
	(3)

(b) Here is some information about Ruksana's growth and development.

- A Ruksana has little contact with her friends.
- B Ruksana has high blood pressure and is overweight.
- C Ruksana loves Arran and Tammy very much.
- D Ruksana studied very hard to become a classroom assistant.

Using the letters **A**, **B**, **C**, **D** match each of the statements to the area of Ruksana's development.

AREA OF DEVELOPMENT	(A, B, C, D)
Physical development	
Intellectual development	
Emotional development	
Social development	

(4)





	From the text, identify two possible factors which might have contributed to Ruksana's nigh blood pressure.
1	
2	2
	(2)
	dentify and explain one source of formal support Ruksana could use to help her achieve a healthier lifestyle.
I	dentification
F	Explanation
	(3)



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lifestyle.
(8)

1	is 80 years of age and is Arran's grandfather. Zia is in the early stages of demention has difficulty with everyday tasks such as personal care, cooking and opening as.
	a's wife Lydia died three years ago. Zia misses her very much and is finding it very ficult to cope alone. He rarely leaves the house and has had suicidal thoughts.
	s family are worried about his physical and mental health and they have persuade to employ a home helper.
(a)	State Zia's current life stage.
(b)	Identify three physical features associated with this life stage.
	1
	2
	3
(c)	Identify three effects dementia is having on Zia's development.
	1
	2
	3
	J



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Leave blank (d) From the background information, identify and explain two factors that show Zia is depressed at the moment. Identification Explanation Identification Explanation

N 3 6 2 8 2 A 0 1 4 1 6

Discuss how Zia's self-concept may h	have been negatively affected by his dementia.
	(8)
	(Total 21 marks)
	TOTAL FOR PAPER: 90 MARKS



