

**Modified Enlarged 18 pt**

**OXFORD CAMBRIDGE AND RSA EXAMINATIONS**

**Wednesday 24 May 2023 – Morning**

**Level 3 Cambridge Technical in Sport and  
Physical Activity**

**05827/05828/05829/05872**

**Unit 3: Sports organisation and development**

**Time allowed: 1 hour plus your additional time  
allowance**

**No extra materials are needed.**

**Please write clearly in black ink.**

**Centre  
number**

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**Candidate  
number**

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**First name(s)** \_\_\_\_\_

**Last name** \_\_\_\_\_

**Date of  
birth**

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**READ INSTRUCTIONS OVERLEAF**

## **INSTRUCTIONS**

**Use black ink.**

**Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.**

**Answer ALL the questions.**

## **INFORMATION**

**The total mark for this paper is 60.**

**The marks for each question are shown in brackets [ ].**

**Quality of written communication will be assessed in questions marked with an asterisk (\*).**

## **ADVICE**

**Read each question carefully before you start your answer.**

- 1 (a) Name TWO National Disability Sports Organisations.

1

2

[2]

- (b) (i) Active Partnerships (formerly County Sports Partnerships) are networks of local agencies that provide a single point of contact for organisations in sport.

Identify FOUR roles of an Active Partnership.

1

2

3

4

[4]

- (ii) Identify TWO organisations that Active Partnerships work with.

1

2

[2]

**(c) National Governing Bodies (NGBs) oversee the development of their sport in many different ways.**

**State FIVE ways an NGB develops their sport.**

**1**

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**2**

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**3**

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**4**

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**5**

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**[5]**

- (d) There are many different organisations involved within sport both in the UK and internationally.

Identify TWO sports organisations. For BOTH organisations, name another sports organisation that each one works with.

Describe a way in which the identified sports organisations would work together to develop sport in the UK.

Sports organisation \_\_\_\_\_

Sports organisation it would work with

\_\_\_\_\_

Way they would work together

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Sports organisation \_\_\_\_\_

Sports organisation it would work with

\_\_\_\_\_

Way they would work together

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- 2 (a) Young people aged 11–15 years old face many barriers to participating in regular physical activity both outside school and in the PE curriculum.

Identify TWO reasons why this age group may not participate in regular physical activity.

Explain ONE way in which sports development can help overcome each of these barriers.

Reason for not participating

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One way in which sports development can help this

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---

Reason for not participating

---

One way in which sports development can help this

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- (b) Name TWO other groups who may experience barriers to participating in physical activity.

1 \_\_\_\_\_

2 \_\_\_\_\_

[2]

- (c) There are many reasons why sport and physical activity are beneficial for young adults aged 16–24 years.

For each of the physiological systems below identify THREE benefits of participating in sport and physical activity for young adults.

- (i) Cardiovascular system

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

[3]

- (ii) Musculo-skeletal system

1 \_\_\_\_\_

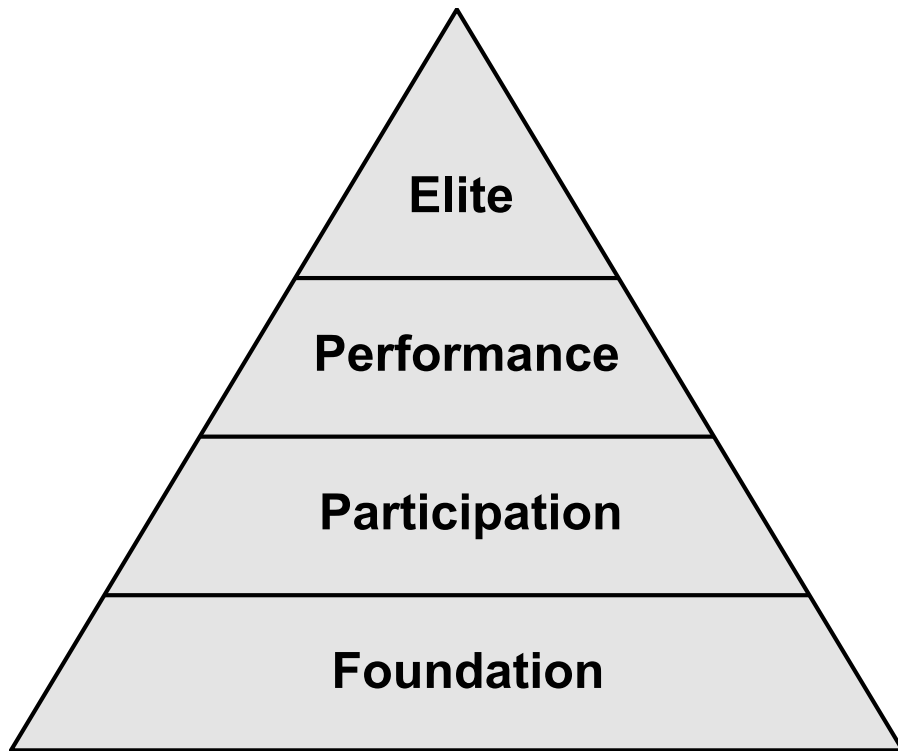
2 \_\_\_\_\_

3 \_\_\_\_\_

[3]

- (d)\* Using examples, analyse how TWO different sporting roles support a sports performer as they progress through the sports development continuum as shown in FIG. 1. [8]

**FIG. 1: Sports Development Continuum**



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**3 When sports development initiatives and strategies are launched, they have specific aims which are usually about improving physical health, sporting success or having a social impact.**

**(a) For each of the following outcomes, describe ONE measure which could be used to show if a strategy was successful in achieving improvement.**

**Physical health**

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**Sporting success**

---

---

**Social impact**

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- (b) For the Sporting Future Strategy the government replaced the Active People data source with the Active Lives survey in 2015. The new survey used an online method to collect data.

**Suggest FOUR benefits of using online surveys to collect data.**

1 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

4 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**[4]**

**4 There are many different sports events and initiatives in the UK.**

**(a) (i) Identify a national sports event.**

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**(ii) Identify a national sports initiative.**

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**[2]**

**(b) When organising a national sports event a number of factors need to be taken into account.**

**Identify and explain THREE factors that need to be considered when organising a national sports event.**

**1** \_\_\_\_\_

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**2** \_\_\_\_\_

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**3** \_\_\_\_\_

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**[6]**



- (c) There are many benefits to performers, sport and society from being involved in sport at a national level.

Apart from financial benefits, explain TWO ways in which each of the following can benefit from involvement in sport at a national level. [6]

**Performer**

1 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Sport**

1 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Society**

1 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2 \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**END OF QUESTION PAPER**

**If additional answer space is required, you should use the following lined pages. The question numbers must be clearly shown in the margins – for example, 2(d) or 4(b).**

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