

Modified Enlarged 24 pt

**OXFORD CAMBRIDGE AND RSA
EXAMINATIONS**

Thursday 12 January 2023 – Afternoon

**Level 3 Cambridge Technical in Sport
and Physical Activity**

05827/05828/05829/05872

**Unit 3: Sports organisation and
development**

**Time allowed: 1 hour plus your additional
time allowance**

No extra materials are needed.

Please write clearly in black ink.

**Centre
number**

--	--	--	--	--

**Candidate
number**

--	--	--	--

First name(s) _____

Last name _____

**Date of
birth**

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

READ INSTRUCTIONS OVERLEAF

INSTRUCTIONS

Use black ink.

Answer ALL the questions.

Write your answer to each question in the space provided. You can use extra paper if you need to, but you must clearly show your candidate number, the centre number and the question numbers.

INFORMATION

The total mark for this paper is 60.

The marks for each question are shown in brackets [].

Quality of written communication will be assessed in questions marked with an asterisk (*).

ADVICE

Read each question carefully before you start your answer.

Answer ALL the questions.

- 1 (a) There are many departments and organisations across the UK who are involved in the organisation of sport at a local and regional level.**
- (i) Identify ONE organisation that is involved in organising local sport and a different ONE that is involved in organising regional sport in the UK.**

Local _____

Regional _____

[2]

- (ii) For each of the activities listed below and opposite, place a tick (✓) in the box to indicate which **ONE** organisation is most likely to do it. [5]

	Sport and Recreation Alliance	National Lottery	UK Sport
Focus on grassroots participation and recruiting and training volunteers.			
Be a representative for National Governing Bodies.			
Manage the World Class Programme to support potential Olympic medallists.			

	Sport and Recreation Alliance	National Lottery	UK Sport
Provide sports clubs with funding through the Awards for All project.			
Invest government funding in paralympic sports.			

- (b) International Governing Bodies, Committees and Federations have lots of responsibility for sport around the world.**

They must work closely with UK organisations to ensure that some sports development events and initiatives are successful.

- (i) Name an International Governing Body AND a UK-based sports development organisation that interact together.**

[2]

- (ii) UK-based sports development organisations will benefit from working with an International Governing Body, Committee or Federation.**

Describe THREE of these benefits.

1

2

3

[3]

(c)* Different UK organisations such as local councils, Community Sports Partnerships, National Governing Bodies and Sport England often work together to achieve their sports development aims.

Use an example of an event or initiative to discuss how different organisations contribute towards achieving the aim of increasing participation in sport in the UK. [8]

2 (a) Describe the foundation stage of the sports development continuum.

- (b) Many performers who undertake regular exercise in the participation stage of the sports development continuum will begin to experience physiological adaptations.**

Indicate whether each of the following statements is true or false by putting a tick (✓) in the box next to the correct answer for each question.

- (i) In the respiratory system, the strength of the diaphragm and intercostal muscles are increased which results in increased stroke volume. [1]**

True

☐

False

☐

- (ii) In the cardiovascular system the chambers of the heart increase in size, therefore maximal cardiac output is increased and resting heart rate is reduced. [1]**

True

☐

False

☐

- (c) Sports development has a number of purposes, such as increasing participation, enabling progression in sport and promoting social values through sport.**
- (i) Explain THREE ways in which sports development can support social policy other than those identified above.**

1

2

3

- (ii) Effective coaches must undertake a range of roles when working in sports development.

Describe FOUR roles that a coach might perform which promote sports development.

1

2

3

4

[4]

(d) Initiatives such as ‘This Girl Can’ have been introduced to encourage more girls and women into sport.

**Using examples, describe
THREE barriers to participation
experienced by females.**

Barrier 1: _____

Example: _____

Barrier 2: _____

Example: _____

Barrier 3: _____

Example: _____

BLANK PAGE

- 3 (a) It is important that all sports development organisations measure the success of their initiatives. This can often involve measuring performance and measuring participation.**
- Link the measurement method opposite with the example of what it could be used to measure. [4]**

Surveys such as the Active People Survey.

How well a local sports club is run.

A benchmark or accreditation scheme.

The number of appropriately qualified volunteers who can safely work with children and young people.

Measuring impact on society, such as greater community involvement in sport.

Customer satisfaction with an organisation's delivery of activities in a clean and well maintained environment.

Self-assessment methods such as a service review.

A breakdown of who participates in particular sports and where.

- (b) In 2020, the Sport England initiative ‘Tackling Inactivity in Colleges’ distributed over £5 million to Further Education Colleges across the country, to fund individual projects in each college.**

Identify FOUR specific purposes of measuring the success of an initiative such as this.

1

2

3

4

[4]

BLANK PAGE

- 4 (a) 'The Hundred' is a national event which promotes a modern approach to cricket.**

It is a competition which is scheduled to take place each summer and aims to make cricket more exciting and accessible to a wider audience.

- (i) Name TWO other national competitions or events from different sports which are aimed at delivering or promoting the aims of sports development.**

1

2

[2]

‘The Hundred’ was initially heavily publicised and the first player draft was both televised and streamed live on its website.

(ii) Identify THREE other methods through which national events such as ‘The Hundred’ could be promoted in the UK.

1

2

3

[3]

(b) The Prince's Trust is a charity which pays for coaching qualifications for volunteers.

Identify THREE other sources of funding for sports development initiatives.

Give a different example of what each source may be used for in delivering sports development events and initiatives in the UK.

Source: _____

Example: _____

Source: _____

Example: _____

Source: _____

Example: _____

BLANK PAGE

- (c) In 2020, UK Sport launched ‘GB Sport Media’, a platform to showcase coverage of Olympic sports, interviews with athletes and articles on their preparation.**

Explain the possible benefits to organisations such as UK Sport and National Governing Bodies as a result of this increased coverage. [6]

END OF QUESTION PAPER



Oxford Cambridge and RSA

Copyright Information

OCR is committed to seeking permission to reproduce all third-party content that it uses in its assessment materials. OCR has attempted to identify and contact all copyright holders whose work is used in this paper. To avoid the issue of disclosure of answer-related information to candidates, all copyright acknowledgements are reproduced in the OCR Copyright Acknowledgements Booklet. This is produced for each series of examinations and is freely available to download from our public website (www.ocr.org.uk) after the live examination series.

If OCR has unwittingly failed to correctly acknowledge or clear any third-party content in this assessment material OCR will be happy to correct its mistake at the earliest possible opportunity.

For queries or further information please contact the Copyright Team, OCR (Oxford Cambridge and RSA Examinations), The Triangle Building, Shaftesbury Road, Cambridge CB2 8EA.

OCR is part of Cambridge University Press & Assessment, which is itself a department of the University of Cambridge.

© OCR 2023

Version 2