

Modified Enlarged 24 pt

**OXFORD CAMBRIDGE AND RSA
EXAMINATIONS**

Thursday 26 May 2022 – Morning

**Level 3 Cambridge Technical in Sport and
Physical Activity**

05827/05828/05829/05872

**Unit 3: Sports organisation and
development**

**Time allowed: 1 hour plus your additional
time allowance**

No extra materials are needed.

Please write clearly in black ink.

**Centre
number**

--	--	--	--	--

**Candidate
number**

--	--	--	--

First name(s) _____

Last name _____

**Date of
birth**

D	D	M	M	Y	Y	Y	Y
---	---	---	---	---	---	---	---

READ INSTRUCTIONS OVERLEAF

INSTRUCTIONS

Use black ink.

Answer ALL the questions.

Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.

INFORMATION

The total mark for this paper is 60.

The marks for each question are shown in brackets [].

Quality of written communication will be assessed in questions marked with an asterisk (*).

ADVICE

Read each question carefully before you start your answer.

Answer ALL the questions.

- 1 There are many governmental departments that are involved in the organisation of sport in the UK.**

(a) Name THREE governmental departments involved in sport in the UK.

1 _____

2 _____

3 _____

[3]

- (b) Complete the statements below about Sport England using the correct terms from the word bank provided. [5]**

Sport England helps _____ and community groups to develop engagement in sport. It gets people involved in sporting activities and provides _____ for people to really shine.

Sport England aims to _____ the number of people with a _____ sporting habit, create more opportunities for younger generations, as well as identify and develop _____ , for example, in athletics. It also aims to provide the most appropriate facilities in the best locations.

lifelong

maintain

increase

professional clubs

talent

opportunities

individuals

commercial opportunities

incentives

occasional

- (c) One of the roles and responsibilities of sporting organisations in the UK is to provide funding.**

Describe FOUR benefits to the UK of funding sport.

1

2

3

4

[4]

(d) Indicate whether each of the following statements is True or False.

Put a tick (✓) in the box next to the one correct answer.

(i) Local councils are concerned with providing elite level sport to their community. [1]

True

☐

False

☐

(ii) National disability sports organisations (NDSOs) bid for the Paralympics. [1]

True

☐

False

☐

(iii) UK Sport distributes lottery funding. [1]

True

☐

False

☐

2 One of the target groups identified for sports development is physically inactive people.

Dave is 55 years old and has been physically inactive for the last 30 years.

(a) Describe a suitable warm up for Dave.

[3]

(b) Identify THREE cardiovascular benefits of participating in physical activity for physically inactive people like Dave.

1

2

3

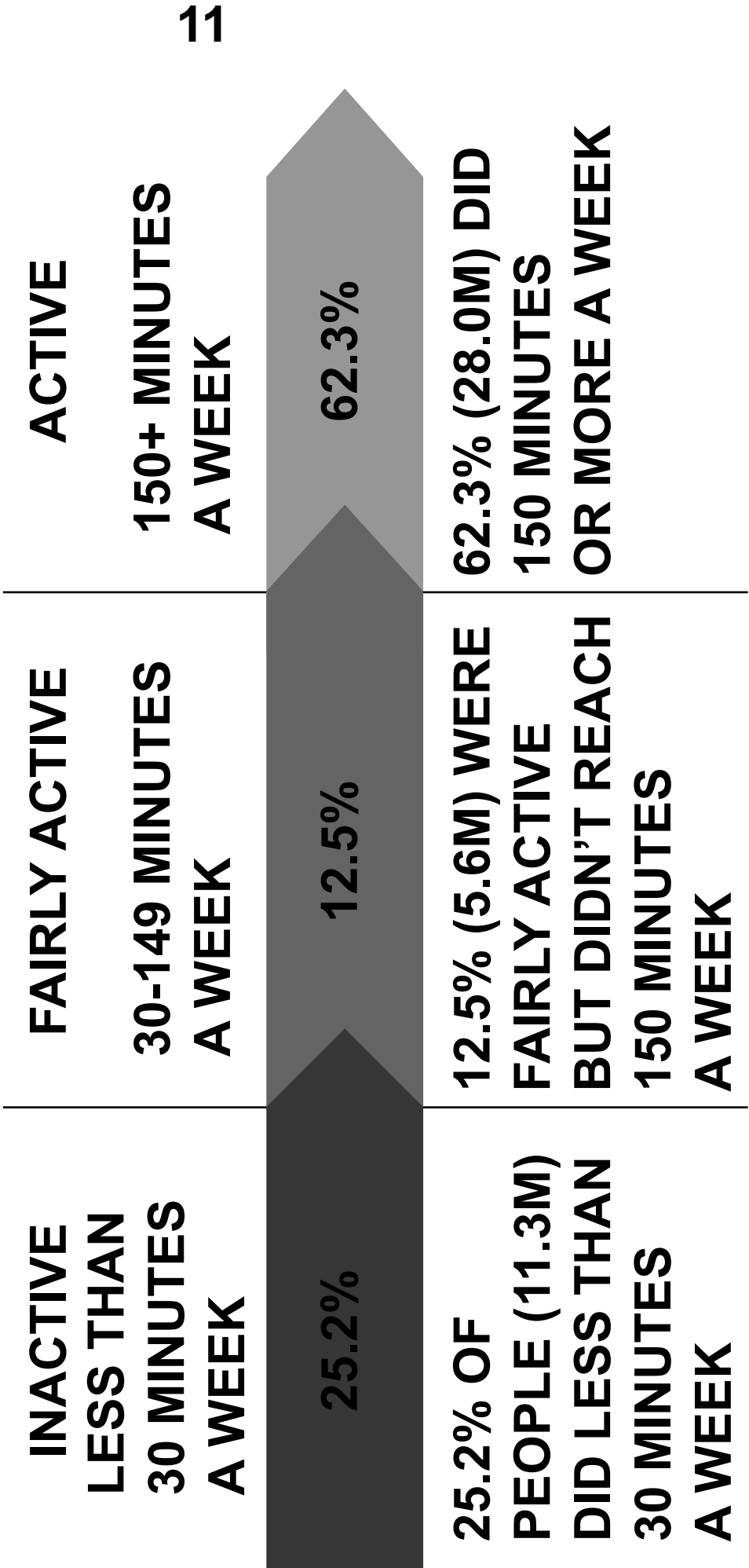
[3]

Initiatives like Sport England's 'Get Healthy, Get Active' have shown that sport can reach inactive people and get them moving, as shown in FIG. 2 opposite.

FIG. 2

HEADLINES

Our data shows that just over 6 in 10 adults (28.0 m) gained the health benefits from achieving 150+ minutes of activity a week.



(c) Describe THREE ways to increase participation in sport and physical activity among individuals who are currently physically inactive and give an example for each.

[illegible]

(d)* Premier League Kicks (previously known as Kickz) is a national sports development programme in the UK that uses football to engage 12–18-year-olds in deprived areas. It delivers sports coaching plus educational workshops.

Explain the purpose of a sports development programme such as Premier League Kicks. [8]

3 Sports development has an impact on society in many ways. One of these is an economic impact.

(a) Explain how sport can contribute positively to the economy.

[4]

- (b) The impact of sports development is sometimes measured by ‘levels of performance’ and ‘levels of participation’.**

For an initiative aimed at promoting values through sport, suggest TWO ways in which EACH could be used to measure its impact.

Levels of performance

1 _____

2 _____

Levels of participation

1 _____

2 _____

BLANK PAGE

4 Sporting events can be classified as being either local, regional, national or international.

(a) For each example of an event, tick ONE correct column on the table opposite to show whether it is a local, regional, national or international event. [4]

Event	Local	Regional	National	International
Challenge Cup final (Rugby League)				
County badminton tournament				
London marathon				
Sunday league football match				

- (b) The Sainsbury's '1 million kids challenge' was an initiative aimed at getting 1 million children from around the UK involved in the Paralympics by giving them the opportunity to try out a Paralympic sport.**

Describe the key characteristics that need to be considered when putting on a sports development initiative such as the '1 million kids challenge'. [6]

(c) Sports development often has to demonstrate success to show that it is worthwhile and deserves funding.

(i) The organisers of a sports development initiative which was aimed at people in the 'participation' level of the sports development continuum are reviewing what they did.

Describe THREE different ways they could show that the initiative was successful other than total numbers who participated in it. [3]

1

2

3

- (ii) The same organisers now want to plan and deliver a sports development initiative aimed at people in the 'excellence' level of the sports development continuum.

They want to identify ways to measure the success of the initiative as part of the planning of the event.

Suggest **FOUR** different ways they could show that the initiative was successful given its focus on the 'excellence' level of the sports development continuum. [4]

1

2

3

4

END OF QUESTION PAPER

ADDITIONAL ANSWER SPACE

If additional answer space is required, you should use the following lined page. The question numbers must be clearly shown in the margins – for example, 2(b) or 3(a).

This image shows a blank sheet of white paper with horizontal black ruling lines. The lines are evenly spaced and run across the width of the page, providing a template for handwriting practice or general writing. There are no margins, text, or other markings on the paper.

Oxford Cambridge and RSA

OCR is committed to seeking permission to reproduce all third-party content that it uses in its assessment materials. OCR has attempted to identify and contact all copyright holders whose work is used in this paper. To avoid the issue of disclosure of answer-related information to candidates, all copyright acknowledgements are reproduced in the OCR Copyright Acknowledgements Booklet. This is produced for each series of examinations and is freely available to download from our public website (www.ocr.org.uk) after the live examination series.

For queries or further information please contact the Copyright Team, OCR (Oxford Cambridge and RSA Examinations), The Triangle Building, Shaftesbury Road, Cambridge CB2 8EA.

Version 5