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OXFORD CAMBRIDGE AND RSA EXAMINATIONS

Thursday 13 January 2022 – Afternoon

**Level 3 Cambridge Technical in Sport and
Physical Activity**

05827/05828/05829/05872

Unit 3: Sports organisation and development

Time allowed: 1 hour plus your additional time allowance

No extra materials are needed.

Please write clearly in black ink.

**Centre
number**

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**Candidate
number**

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First name(s) _____

Last name _____

**Date of
birth**

D	D	M	M	Y	Y	Y	Y
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READ INSTRUCTIONS OVERLEAF

INSTRUCTIONS

Use black ink.

Answer **ALL** the questions.

Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.

INFORMATION

The total mark for this paper is 60.

The marks for each question are shown in brackets [].

Quality of written communication will be assessed in questions marked with an asterisk (*).

ADVICE

Read each question carefully before you start your answer.

Answer ALL the questions.

- 1 (a) (i) Which of the following is LEAST likely to be a sports development role of National Governing Bodies?**

Place a tick (✓) in the box next to the correct answer. [1]

(a) Developing their provision according to a Whole Sport Plan. ☐

(b) Funding elite performers through the World Class Programme. ☐

(c) Setting and enforcing rules and regulations. ☐

(d) Working in partnership with Sport England. ☐

- (ii) The Sport and Recreation Alliance works to provide subsidised physical activity opportunities for local communities.**

Place a tick (✓) in the box next to the correct answer. [1]

True ☐

False ☐

- (iii) **Sport England works to increase the level of lifelong participation in sport and physical activity in the UK.**

Place a tick (✓) in the box next to the correct answer. [1]

True

☐

False

☐

- (b) **UK Sport has a number of roles and responsibilities including bidding to host major sporting events.**

Describe FOUR other roles or responsibilities of UK Sport.

1

2

3

4

[4]

- (c) One of the many aims of sports organisations in the UK is to increase participation rates in sport and physical activity.**

Use sporting examples to describe FOUR other aims of sports organisations in the UK.

[4]

(d) Regular participation in sport and physical activity can have many long-term positive effects.

(i) Identify TWO long-term effects that exercise may have on improving respiratory health and fitness.

1 _____

2 _____

[2]

(ii) Identify TWO long-term effects that exercise may have on improving cardiovascular health and fitness.

1 _____

2 _____

[2]

- 2 (a) There are many important roles in sports development. For example, an official is important to enforce game rules and protect participant safety.**

Use examples to explain THREE other roles in sports development.

Role: _____

Explanation: _____

Role: _____

Explanation: _____

Role: _____

Explanation: _____

(b) In sports development, coaches should use a range of leadership styles to suit different situations.

Use examples to describe the use of TWO different leadership styles in sport.

1

2

[2]

- (c) At the higher levels of the sports development continuum, the quality of coaching, equipment and facilities available to athletes is generally better.

Describe **THREE** other characteristics for each of the performance and excellence levels.

Performance: _____

Excellence: _____

(d) It has been said that without the work done by sports development initiatives, fewer disabled people would take part in sport.

(i) Explain the possible barriers to participation for disabled people.

[illegible]

- (ii) As well as overcoming barriers, sports development initiatives also aim to promote positive values in participants such as sportsmanship.

Identify TWO other values developed by participation in sport.

1

2

[2]

- 3 (a) Sport England monitors a National Governing Body's impact on participation using their Whole Sport Plan (WSP) to determine future levels of funding.

- (i) Identify THREE factors a Whole Sport Plan could be assessed against to measure if it is successful in raising participation levels.

1

2

3

[3]

- (ii) It is also important to monitor the impact sports development has on sports performance.

Identify TWO methods of measuring the impact of sports development on performance.

1

2

[2]

- (b) Sports development providers should assess how successful their event or initiative is by its impact on society.

Complete the paragraph below using the most appropriate terms from the word bank provided.

A successful initiative such as Midnight Basketball (a late-night basketball league open to anyone who turns up) can have a positive impact on society. It may reduce

_____ rates due to

providing positive alternatives to

_____ activity.

It could also benefit

_____ as the initiative

would require facilities to expand their opening times. Local levels of obesity and

_____ may also

improve over time as an indirect outcome. [4]

Antisocial	Crime	Education
Employment	Funding	Housing
Life expectancy	Poverty	Sedentary

- 4 (a) Sports events can be local, regional, national, or international.**

Identify ONE national event and ONE regional event.

National: _____

Regional: _____

[2]

- (b) In addition to sporting success and fame, describe FIVE other benefits an elite performer in sport may experience or gain.**

1 _____

2 _____

3 _____

4 _____

5 _____

[5]

- (c)* Sports development initiatives and events can vary widely. For example, a national athletics championship is different to an international event such as the Olympic Games.**

Discuss the potential advantages and disadvantages of organising and running a national event or initiative compared to an international event or initiative. [8]

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