

Cambridge Technicals Health and Social Care

Unit 6: Personalisation and a person-centred approach to care

Level 3 Cambridge Technical in Health and Social Care 05830 - 05833

Mark Scheme for January 2021

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This mark scheme is published as an aid to teachers and students, to indicate the requirements of the examination. It shows the basis on which marks were awarded by examiners. It does not indicate the details of the discussions which took place at an examiners' meeting before marking commenced.

All examiners are instructed that alternative correct answers and unexpected approaches in candidates' scripts must be given marks that fairly reflect the relevant knowledge and skills demonstrated.

Mark schemes should be read in conjunction with the published question papers and the report on the examination.

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These are the annotations to be used when marking Unit 6.

Annotation	Meaning
V	Tick – correct answer
×	Cross – incorrect answer
L1	Level 1
L2	Level 2
L3	Level 3
BOD	Benefit of doubt (This does count as a mark – so do not 'tick' as well)
^	Omission mark
TV	Too vague
REP	Repeat
SEEN or	Noted but no credit given

For points questions: The number of ticks must match the number of marks awarded.

For Levels of Response questions: The number of ticks will not necessarily correspond to the marks awarded.

Question	Answer		Guidance	
1 (a)	 Three marks for one way explained. Features of a person-centred approach Achieving a balance between important to/important for Enhancing voice, choice or control Clarifying roles and responsibilities Respecting / Supporting independence and rights Coproduction Use of person-centred tools Developing person-centred records 	3 (1x3)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: TY REP SEEN Three marks	
	 Empowerment Links to good practice: Knowing the person as an individual Being responsive to individual needs Providing care which is meaningful Respecting values and preferences Fostering trust Ensuring individual has freedom of choice Involving family and friends Providing emotional and physical care / support Individual is at the centre of their care Example 3 mark response: Clarifying roles and responsibilities ✓ ensures individuals receive care which is responsive to their needs ✓ because everyone will understand their role in supporting/caring ✓ for the individual. 		 detailed explanation feature of a person-centred approach clearly linked to good practice Two marks sound explanation feature of a person-centred approach link to good practice lacks clarity One mark basic/limited explanation feature of a person-centred approach identified 	

Question	Answer	Marks	s Guidance	
1 (b)	 Three marks for a description. Three required. Assessment Education and Health Care Plans (EHCPs), e.g. education and health needs of children are assessed so that suitable provision or support can be put in place to meet needs Budgets, e.g. assess the eligibility of individuals to receive a budget which can be used to pay for their health and social care costs Complying with legislation 	9 (3x3)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following:	
	 Complying with legislation The Care Act 2014, e.g. local authorities must improve people's wellbeing and independence by assessing needs and providing or arranging services to meet needs The Children and Families Act 2014, e.g. local authorities must assess the needs of children with SEND by providing or arranging services to meet children and families' needs Health and Social Care Act 2012, e.g. local authorities work with social services, children's services and public health to improve health and wellbeing; co-production; local authorities ensure individuals receive advice and information about local services through Healthwatch and other sources; local authorities must ensure individuals receiving care have greater voice through Healthwatch. Organisation and management of services Housing, e.g. ensuring there is a range of adequate residential facilities for those who want and need them; ensure there is adequate services to support those with health and social care needs who wish to remain in their homes Ensuring fair access to care Removing geographical barriers Commissioning and decentralisation of services, i.e. in partnership with CQC Adaptations for housing, and relevant examples To encourage community involvement Advocates 		 Three marks detailed description clear knowledge of role of local authority explicit links to assessment, legislation or organisation and management of services Two marks sound description some knowledge of role of local authority links to assessment, legislation or organisation and management of services may be implicit One mark basic/limited description some reference made to role of local authority lacks clarity and depth 	

Q	uestion	Answer		Marks	Guidance	
1	(c)			3 (3x1)	Annotation: The number of ticks must match the number of marks	
		Examples of care practices	Tick (✔) 3 only		awarded. For incorrect answers use the cross or appropriate	
		Ask Debbie what time she would like breakfast	~		annotation from the following:	
		Meet to review the support Debbie needs			TY REP SEEN	
		Provide Debbie with assistance to take the bus into town			No other answers are acceptable.	
		Give Debbie information about different treatment options	~			
		Involve Debbie when making decisions about her care	\checkmark		If more than three are ticked – mark the first three.	
		Make adaptations to improve Debbie's mobility				

Question Answ	Answer/Indicative Content	Marks	Guidance				
Question Answ		WIAI NS	Content	Levels of response			
 Find out how Alis use a community record meaning ask Alison's fate one to one meaning one page profind Consider how Alise one page profind Consider how Alise make decisions, use a decision Alison could mactivities focus on Alise put Alison at the second second	ngs of different sounds and actions amily for their 'top tips' eetings file lison can best be supported to In making chart to identify decisions make about her life, school, on's capabilities he centre of her care s important to Alison ay/ bad day tool ing /coping with noisy or crowded ing / coping with group activities tunities to paint/ develop her skills pent being at home with family/in	7	 Annotation: The number of ticks will not necessarily correspond to the marks awarded. This is a levels of response question – marks are awarded on the quality of the response given. The focus of the question is description. Level 3 checklist Detailed description of two or more ways Detailed knowledge of personcentred planning Clearly relevant to Alison Clear and logically structured QWC – high Level 2 checklist Sound description Ways described but may lack detail Some relevance to Alison Presented with some structure QWC – mid Level 1 checklist Basic/limited description Way(s) identified May not be relevant to Alison May be list-like QWC – low 	 Level 3 (6-7 marks) Answers will provide a detailed description of ways a key worker could develop a personcentred plan about Alison. Clear knowledge of person-centred planning is demonstrated and answers are clearly relevant to Alison. Answers are coherent, clear and logically structured and explicitly linked to Alison. There will be few, if any, errors of grammar, punctuation and spelling. Level 2 (4–5 marks) Answers will provide some description of ways a key worker could develop a personcentred plan about Alison. The description may lack detail or clarity. Answers are presented with some structure and have some relevance to Alison. There may be some errors of grammar, punctuation and spelling. Sub-max of 4 for one way done well, or several ways not developed. Level 1 (1–3 marks) Answer provides basic/limited description of ways a key worker could develop a personcentred plan. Ways may be identified with little or no description or relevance to Alison. Answers may be list like, muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive. O marks – response not worthy of credit. 			

Question	Answer/Indicative Content	Marks	Guidance				
Question 2 (b)*	Answer/Indicative Content Importance of a person-centred review meeting: puts individual at the centre includes people who are important provides a forum for sharing information allows actions to be generated allows person centred plans to be reviewed and updated builds confidence improves quality of life ensures care needs are met ensures voice, choice and control Alison: finds it difficult to communicate so ensures everyone understands her wants and needs generate actions to support Alison with developing her painting skills; building her confidence with group activities; develop her communication skills ensures she has more of what she enjoys – spending time with family; painting ensures she has less bad days – avoiding noisy or crowded environments; limiting group activities	Marks 7	Content Annotation: The number of ticks will not necessarily correspond to the marks awarded. This is a levels of response question – marks are awarded on the quality of the response given. The focus of the question is explanation. Level 3 checklist • Detailed explanation • Clear knowledge of importance of review meetings • Importance for Alison is explicit • Clear and logically structured • QWC – high Level 2 checklist • Sound explanation • Some knowledge of importance of review meetings • Relevant to Alison • Presented with some structure • QWC – mid Level 1 checklist • Basic/limited explanation • Features of review meetings may not link to Alison • Basic information presented in an unstructured way • QWC – low	Guidance Levels of response Level 3 (6-7 marks) Answers will provide a detailed explanation of the importance of having a person-centred review meeting for Alison. Clear knowledge of the importance of review meetings is demonstrated and the explanation is explicitly related to Alison. Answers are coherent, clear and logically structured. There will be few, if any, errors of grammar, punctuation and spelling. Level 2 (4–5 marks) Answers will provide a sound explanation of the importance of having a person-centred review meeting for Alison. Answers are presented with some structure. There may be some errors of grammar, punctuation and spelling. Sub-max of 4 if no reference to Alison Level 1 (1–3 marks) Answer provides basic/limited explanation of the importance of having person-centred review meetings. Features of review meetings. Features of review meetings may be identified with little or no relevance to Alison. Answers may be list like, muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive. O marks – response not worthy of credit.			

Qu	estion	Answer	Marks	Guidance
2	(c)	 One mark for a way identified. Four required. Ways: suitable time familiar place involve her in planning the meeting have the people she wants there ensure she is at the centre of the meeting ensure actions are coproduced ensure her goals and aspirations are considered ensure there is an effective facilitator suitable resources/refreshments available ensure Alison understands what is being said at the meeting ensure Alison is comfortable with how the meeting is being conducted 	4 (4x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: TV REP SEEN Accept alternative language

Question		Marks		Guidance		
Question		marks	Content	Levels of response		
3 (a)*	 Disability rights movement campaigned for rights e.g. to live independently, have inclusive communities, be in control of decisions, have choices exposed prejudice and discrimination in a medical model of care led to recognition that the professional does not know better than the individual led to Independent Living Movement in the UK led to the development of a social model of care created pressure on government to change the law Legislation Health and social care Act 2012 e.g. Healthwatch increased involvement of those receiving care; health and wellbeing boards ensured coproduction of services; introduced choice of where to receive services; no decision about me without me Care Act 2014 e.g. introduced personal budgets; personalised care; a shift from providing services to meeting needs Barriers resistance to change institutional history of public services institutions promoting a medical model of disability lack of staff training communication barriers not respecting choice when alternatives may promote better health or wellbeing focusing on deficits rather than capacities lack of clarity over roles and responsibilities lack of resources/limited budgets 	10	Annotation: The number of ticks will not necessarily correspond to the marks awarded. This is a levels of response question – marks are awarded on the quality of the response given. The focus of the question is description . Level 3 checklist • Detailed description • Balance of disability rights, legislation and barriers • QWC – high Level 2 checklist • Sound description • May not refer to both disability rights and legislation • Some reference to barriers • QWC – mid Level 1 checklist • Basic/limited description • May identify features of disability rights or legislation • May not refer to barriers • QWC – low	 Level 3 (7-10 marks) Answers will provide a detailed description of how personalisation became a key principle in health and social care and the barriers which had to be overcome. Answers include a balance of the role of the disability rights movement, key legislation and the barriers. There will be few, if any, errors of grammar, punctuation and spelling. Level 2 (4–6 marks) Answers will provide some description of how personalisation became a key principle in health and social care. Answers may include either the role of the disability rights movement or key legislation. There will be some reference to the barriers. Answers are presented with some structure. There may be some errors of grammar, punctuation and spelling. Sub-max of 5 if no reference to barriers Level 1 (1–3 marks) Answer provides basic/limited description of how personalisation became a key principle in health and social care. Answers may identify features of the disability rights movement or key legislation with little or no description. There may be no reference to barriers. Answers may be list like, muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive. 		

Q	uestion	Answer	Marks	Guidance
3	(b)	 Three marks for an explanation. Top Tips involves sharing what you know about a person in two minutes a tool to find out what is important to or for a person it is not a short list Use quick way of communicating how a person wants to be supported to those involved in their care ensures important information is shared ensures a person receives the care they want and need ensures the person is put at the centre of their care E.g. Top tips is a tool for finding out what is important to or for a person. Care workers use it to share what they know about a person so they can be supported in the way they want. 	3 (3x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: TY REP SEEN Credit: Any three valid points
3	(c)	 One mark for a reason. Two required. Why an individual would have a managed account: to pay for their care needs because they choose to have one because they don't want to manage an account because they do not have the capacity to manage their account to reduce stress or anxiety due to vulnerability 	2 (2x1)	Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: TY REP SEEN Accept alternative language

Questio	ion	Answer/Indicative Content M	Marks	Guidance				
Questi			Wial K5	Content	Levels of response			
4 (a	a)*	Values based recruitment to ensure new staff understand the principles of a person-centred approach in the context of children with disabilities e.g. job description includes having experience in providing person-centred care for children with disabilities; interview process to assess person- centred values such as a focus on children's strengths and goals/aspirations7Annotation: The number of ticks will not necessarily correspond to the marks awarded. This is a levels of response question – marks are awarded on the quality of the response given. The focus of the question is explanation .		Level 3 (6-7 marks) Answers will provide a detailed explanation of two or more ways the manager of a special school could ensure staff use a person- centred approach. Answers are relevant and understanding is clearly demonstrated. There will be few, if any, errors of grammar, punctuation and spelling.				
		 Staff training to enable staff to provide person- centred care in the context of children with disabilities e.g. whole staff training sessions on the use of communication tools; individual training to meet specific care needs e.g. learning sign language; induction training for new staff to ensure they understand what is important to/for the children Regular reviews e.g. observing staff/supervision to ensure practice puts children at the centre of their care, feedback from parents/carers etc Taking action e.g. organise training when staff are not taking a person-centred approach Modelling behaviour e.g. using a person-centred approach when communicating with or about the children so staff will follow her example; implementation of policies and procedures. 		 Level 3 checklist Detailed explanation Two or more ways explained in detail Relevant to the scenario QWC – high Level 2 checklist Sound explanation One or more ways explained Some relevance Lacks detail QWC – mid Level 1 checklist Basic/limited explanation May identify one or more ways Little or no explanation May be list-like QWC – low 	 Level 2 (4-5 marks) Answers will provide some explanation of one or more ways the manager of a special school could ensure staff use a person-centred approach. Answers are presented with some structure but may lack relevance or depth of understanding. There may be some errors of grammar, punctuation and spelling. Sub-max of 4 for one way done well or several not fully developed, or if Gill not mentioned. Level 1 (1–3 marks) Answer provides basic/limited explanation of ways the manager of a special school could ensure staff use a person-centred approach. A way(s) may be identified with little or no explanation. Answers may be list like, muddled, demonstrating little knowledge or understanding. Errors of grammar and spelling may be noticeable and intrusive. Marks – response not worthy of credit. 			

(Question		Answer		Guidance
4	(b)		 Two marks for a description. Two required. Meet changing needs, e.g. his condition may be deteriorating; his needs may change as he gets older Review budget, e.g. ensure Jason's budget is sufficient for his care needs Ensure care relationships are effective, e.g. ask Jason and those attending the meeting what is working or not working Review person-centred records, e.g. update Jason's one page profile to ensure information is up to date. 	4 (2x2)	 Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: TV REP SEEN Two marks answer includes some detail and demonstrates understanding of the purpose of review meetings relevant information One mark a basic statement with no elaboration may lack relevance

Question	Answer	Marks	Guidance
4 (c)	 One mark for a question, one required. Example questions: What is working? What is not working? What is important to you now? What will be important in your future? What do you need to stay healthy/safe? What do you need to feel well supported? How are you? Are you happy with the care you are receiving? Do you have any questions? Any other appropriate questions. 	1 (1x1)	 Annotation: The number of ticks must match the number of marks awarded. For incorrect answers use the cross or appropriate annotation from the following: Image Type seen Accept alternative language Accept other reasonable questions which would generate discussion Do not accept: Vague questions which would not generate discussion e.g. Are you comfortable?

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