# OCR-set Assignment

# Sample Assessment Material

## OCR Level 1/Level 2 Cambridge National in Health and Social Care Sample Set Assignment

## Unit R035: Health promotion campaigns

This is a sample OCR-set assignment which should only be used for practice.

This assignment **must not** be used for live assessment of students.

The live assignments will be available on our secure website, ‘Teach Cambridge’.

The OCR administrative codes associated with this unit are:

* unit entry code R035
* certification code J835

**The regulated qualification number associated with this unit is:**

603/7116/X

**Duration: Approximately 10-12 hours**

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# Information for Teachers

# Using this Assignment

**You mus**t:

* Make sure you are familiar with the Assessment Guidance relating to the tasks. This is with the unit content in [Section 4](https://www.ocr.org.uk/Images/610950-specification-cambridge-nationals-health-and-social-care-j835.pdf) of the Specification.
* Make sure that you have read and understood **all** the rules and guidance provided in [Section 6](https://www.ocr.org.uk/Images/610950-specification-cambridge-nationals-health-and-social-care-j835.pdf) of the Specification **before** your students complete and you assess the set assignments.
* Make sure that completion and assessment fully adhere to the rules and guidance provided in [Section 6](https://www.ocr.org.uk/Images/610950-specification-cambridge-nationals-health-and-social-care-j835.pdf) of the Specification.
* Provide students with the Health and Social Care [Student guide to NEA assignments](https://www.ocr.org.uk/Images/620512-student-guide-to-nea-assignments.pdf) before they start the assignments.
* Allow students approximately 10-12 guided learning hours (GLH) to complete all tasks.
* Complete the [Teacher Observation Record](#TeacherObservation) provided for Task 3. You **must** adhere to the [guidance](#TeacherObsGuide) given when completing it.

You **must not**:

* Change or modify this assignment in any way.

# Scenario for the assignment

# Health promotion campaign for the public health challenges of cancer or sexual health

Your local authority has asked you to produce a health promotion campaign to help improve the health of the local area for one of the following public health challenges:

* Cancer
* Sexual health.

You will:

* research current public health challenges
* plan and deliver a health promotion campaign in the local area to encourage individuals or groups of people to lead a healthier lifestyle.

You can deliver the health promotion campaign in a variety of ways. For example, as a presentation, an engaging activity, an advert or leaflets.

**Read through all of the tasks carefully, so that you know what you will need to do to complete this assignment.**

**Important:**

* You will need to refer to the marking criteria grid. Your teacher can explain the marking criteria if you need further clarification.
* You will need to draw upon relevant skills/knowledge/understanding from other units you have studied in this qualification.
* You can use the [template](#Template) provided for Task 2.

# Your Tasks and Marking Grids

## Task 1 – Choose your public health challenge and campaign

### Task 1a – Choose a public health challenge

Topic Area 1 is assessed in this task.

You have been asked to plan a health promotion campaign to improve health in your local area.

Choose one public health challenge from the following and research the one that you want to focus on:

* Cancer
* Sexual health

You **must**:

• Explain why you have chosen the public health challenge.

• Explain why it is important to society to address this.

 Total marks for Task 1a: 6 marks

### Task 1a Tips

* Use your own words to explain something.
* If you research and use information from books, websites or course notes to support your evidence, make sure it is referenced.

### Topic Area 1: Current public health issues and the impact on society

|  |  |  |
| --- | --- | --- |
| **MB1: 1-2 marks** | **MB2: 3-4 marks** | **MB3: 5-6 marks** |
| **Brief** explanation of reasons for choice of the public health challenge.**Limited** understanding of why addressing this public health challenge is important to a healthy society. | **Sound** explanation of reasons for choice of the public health challenge. **Partial** understanding of why addressing this public health challenge is important to a healthy society. | **Comprehensive** explanation of reasons for choice of the public health challenge. **Full** understanding of why addressing this public health challenge is important to a healthy society. |

If your work does not meet Mark Band 1 criteria, you will be awarded zero marks for this task.

### Task 1b – Choose your health promotion campaign

Topic Areas 1 and 2 are assessed in this task.

You need to produce information on the health promotion campaign you propose to deliver.

Use the public health challenge you chose in Task 1a.

You **must** include the following:

* who the target audience is
* an explanation of the factors that could influence the health and wellbeing of the target audience
* an explanation of the barriers to leading a healthy lifestyle for the target audience
* an explanation of the benefits of following the advice of the health promotion campaign on your chosen target audience:
* physically
* intellectually
* emotionally
* socially.

Total marks for Task 1b: 18 marks

### Task 1b Tips

* Remember, to make sure that your explanations are specific to your target audience.
* Use your own words to explain something.
* If you copy information from books, website or course notes to support your own explanations, make sure that it is referenced.

### Topic Area 1: Current public health issues and the impact on society

### Topic Area 2: Factors influencing health

|  |  |  |
| --- | --- | --- |
| **MB1: 1-3 marks** | **MB2: 4-6 marks** | **MB3: 7-9 marks** |
| **Brief** explanation of the factors that could influence the health and wellbeing of the target audience.**Brief** explanation of the barriers to leading a healthy lifestyle for your target audience. | **Sound** explanation of the factors that could influence the health and wellbeing of the target audience.**Sound** explanation of the barriers to leading a healthy lifestyle for your target audience. | **Comprehensive** explanation of the factors that could influence the health and wellbeing of the target audience.**Comprehensive** explanation of the barriers to leading a healthy lifestyle for your target audience. |
| **MB1: 1-3 marks** | **MB2: 4-6 marks** | **MB3: 7-9 marks** |
| **Brief** explanation of the benefits of following the advice of the health promotion campaign on the chosen target audience in terms of PIES. | **Sound** explanation of the benefits of following the advice of the health promotion campaign on the chosen target audience in terms of PIES. | **Comprehensive** explanation of the benefits of following the advice of the health promotion campaign on the chosen target audience in terms of PIES. |

If your work does not meet Mark Band 1 criteria, you will be awarded zero marks for this task.

## Task 2 – Plan your health promotion campaign

Topic Area 3 is assessed in this task.

You now need to produce a plan for the health promotion campaign.

You **must** include:

* aims of the campaign
* timescales
* resources needed
* safety considerations
* communication
* methods to be used to engage the target audience
* how you will gather feedback on your performance.
* Total marks for Task 2: 12 marks

### Task 2 Tips

* Use your own words in your plan.
* If you copy information from books, website or course notes to support your own explanations, make sure that it is referenced.
* You can use the template for the plan provided with this assignment or you can design your own, but you must make sure that all the things listed above are included.

### Topic Area 3: Plan and create a health promotion campaign

|  |  |  |
| --- | --- | --- |
| **MB1: 1-4 marks** | **MB2: 5-8 marks** | **MB3: 9-12 marks** |
| Produces a **basic** plan for a health promotion campaign.Demonstrates a **limited** understanding of: * the aims of the campaign
* timescales
* resources needed
* safety considerations
* communication
* methods to be used to engage the target audience
* feedback.
 | Produces a **sound** plan for a health promotion campaign.Demonstrates a **partial** understanding of: * the aims of the campaign
* timescales
* resources needed
* safety considerations
* communication
* methods to be used to engage the target audience
* feedback.
 | Produces a **comprehensive** plan for a health promotion campaign.Demonstrates a **full** understanding of: * the aims of the campaign
* timescales
* resources needed
* safety considerations
* communication
* methods to be used to engage the target audience
* feedback.
 |

If your work does not meet Mark Band 1 criteria, you will be awarded zero marks for this task.

## Task 3 – Deliver your health promotion campaign

Topic Area 4 is assessed in this task.

You now have to deliver the health promotion campaign that you have planned.

You **must**:

* introduce the health promotion campaign
* deliver the health promotion campaign
* collect feedback from your audience
* use appropriate communication skills
* ask your teacher to complete a Teacher Observation Record for this task.

 Total marks for Task 3: 12 marks

### Task 3 Tips

* Make sure you are well prepared and have everything you need to deliver a successful health promotion campaign.
* At the start of your delivery, remember to hand out your feedback form (from Task 2) to your audience.

### Topic Area 4: Deliver and evaluate a health promotion campaign

|  |  |  |
| --- | --- | --- |
| **MB1: 1-2 marks** | **MB2: 3-4 marks** | **MB3: 5-6 marks** |
| Introduction to the campaign is **brief**.Demonstrates **basic** communication skills. | Introduction to the campaign is **adequate**.Demonstrates **sound** communication skills. | Introduction to the campaign is **effective**.Demonstrates **effective** communication skills. |
| **MB1: 1-2 marks** | **MB2: 3-4 marks** | **MB3: 5-6 marks** |
| Delivers a **simple** health promotion campaign.  | Delivers a **sound** health promotion campaign.  | Delivers a **complex** health promotion campaign.  |

If your work does not meet Mark Band 1 criteria, you will be awarded zero marks for this task.

## Task 4 – Evaluate your own performance

Topic Area 4 is assessed in this written task.

You now have to evaluate your performance when you delivered your health promotion campaign.

You **must**:

Use feedback and self-reflection, to evaluate your own performance considering:

* • strengths and weaknesses of
* your planning
* your communication skills
* how you engaged individuals.
* suggestions for improvements
* what you would do differently and why.

 Total marks for Task 4: 12 marks

### Task 4 Tips

* Self-reflection means giving your own opinion about your actions.
* Use the feedback you collected to support you when evaluating. You could also use the Teacher Observation Record to help you.
* Remember, when you evaluate, think about what you did well and what you didn’t do so well.

### Topic Area 4: Deliver and evaluate a health promotion campaign

|  |  |  |
| --- | --- | --- |
| **MB1: 1-4 marks** | **MB2: 5-8 marks** | **MB3: 9-12 marks** |
| **Basic** evaluation of strengths and weaknesses of:* planning
* communication skills
* engaging individuals.

**Limited** suggestions for improvement.**Limited** use of feedback. | **Sound** evaluation of strengths and weaknesses of:* planning
* communication skills
* engaging individuals.

**Adequate** suggestions for improvement.**Partial** use of feedback. | **Comprehensive** evaluation of strengths and weaknesses of:* planning
* communication skills
* engaging individuals.

**Detailed** suggestions for improvement.**Full** use of feedback. |

If your work does not meet Mark Band 1 criteria, you will be awarded zero marks for this task.

# Marking Criteria Command Words

The tables below show the command words that will be used in the NEA Marking Criteria grids. They explain the type of evidence that you should expect to see to meet each command word.

## Mark Band (MB1) Words:

|  |  |
| --- | --- |
|  **Command word**  |  **Meaning**  |
|  **Basic**  | * Work includes the minimum required. It is a starting point but is simplistic and not developed.
* Understanding and skills are applied in a way that partly achieves the wanted or intended result, but it would not be useable without further input or work.
 |
|  **Brief/Briefly**  | * Work includes a small number of relevant facts or concepts but lacks detail, contextualisation or examples.
 |
|  **Dependent**  | * The student can perform a task when given regular assistance or help.
 |
|  **Few**  | * Work produced is restricted or narrow. It includes less than half of the information or examples expected for a full response.
 |
|  **Inefficient**  | * Outputs are produced but with great expense or effort because of poor organisation or design and not making the best use of available resources.
 |
|  **Limited**  | * Work produced is restricted in range or scope and includes only some of the information required. It evidences partial rather than full understanding.
* Work produced is a starting point rather than a developed process, concept or output.
 |
|  **Minimal**  | * Includes very little in amount or quantity required.
 |
|  **Simple**  | * Includes a small number of relevant parts, which are not related to each other.
 |
|  **Superficial**  | * Work completed lacks depth and detail.
 |

**Mark Band (MB2) Words:**

|  **Command word**  |  **Meaning**  |
| --- | --- |
|  **Adequate(ly)**  | * Work includes the appropriate number of relevant facts or concepts but does not include the full detail, contextualisation or examples.
 |
|  **Assisted**  | * The student can perform a task with occasional assistance or help.
 |
|  **Part(ly)/Partial**  | * To some extent but not completely.
* Work produced is inclusive in range and scope. It evidences a mainly developed application of understanding, performance or output needed.
* Work produced results in a process, concept or output that would be useable for its purpose.
 |
|  **Some**  | * Work produced is inclusive but not fully comprehensive. It includes over half the information or examples expected for a full response.
 |
|  **Sound**  | * Valid, logical, shows the student has secured most of the relevant understanding, but points or performance are not fully developed.
* Applies understanding and skills to produce the wanted or intended result in a way that would be useable.
 |

**Mark Band (MB3) Words:**

|  **Command word**  |  **Meaning**  |
| --- | --- |
|  **Accurate(ly)**  | * Acting or performing with care and precision.
* Correct in all details.
 |
|  **All**  | * Work produced is fully comprehensive and wide-ranging. It includes almost all, or all the information or examples expected for a full response.
 |
|  **Clear(ly)**  | * Focused and accurately expressed, without ambiguity.
 |
|  **Complex**  | * Includes many relevant parts, all of which relate to each other logically.
 |
|  **Comprehensive(ly)**  | * The work produced is complete and includes everything required to show depth and breadth of understanding.
* Applies the understanding and skills needed to successfully produce the wanted or intended result in a way that would be fully fit-for-purpose.
 |
|  **Consistent(ly)**  | * A level of performance which does not vary in quality over time.
 |
|  **Critical**  | * Objective analysis and evaluation in order to form: a judgement, evaluation of the evidence or effective trouble shooting/fault finding.
 |
|  **Detailed**  | * Gives point by point consideration of all the key information.
 |
|  **Effective**  | * Applies the skills required to the task and is successful in producing the desired or intended result.
* The work produced is effective in relation to a brief.
 |
|  **Efficient**   | * Able to produce results or outputs with the minimum expense or effort, because of good organisation or design and making the best use of available resources.
 |
|  **Full(y)**  | * Work produced is comprehensive in range and scope. It evidences a fully developed application of understanding, performance or output needed.
* Work produced results in a process, concept or output that would be fully fit-for-purpose.
 |
|  **Independent(ly)**  | * The student can perform a task without assistance or reliance on others.
 |
|  **Justify/Justified**  | * The reasons for doing something are explained in full.
 |
|  **Most(ly)**  | * Includes nearly all of what is expected to be included.
 |
|  **Wide (ranging)**  | * Includes many relevant details, examples or contexts; all of which are fully detailed, contextualised or exemplified.
 |

# Teacher Observation Record

Please read the guidance notes on the following page before completing this form.

|  |  |
| --- | --- |
| **Student name:** |  |
| **Qualification:** | OCR Level 1/Level 2 Cambridge National in Health and Social Care |
| **Unit number and title:** | R035 |
| Health promotion campaigns |
| **Activity observed:** | Task title: Deliver your health promotion campaign |
| Task number: 3 |
| **Date activity completed:** |  |
| **Additional evidence attached:** |  |

|  |
| --- |
| **TEACHER SECTION:** |
| **How did the student complete the activity?** **Your response must provide details of what the student did and how this relates to the relevant marking criteria.**  |
| Skills to be demonstrated  | Teacher observations |
| Introduce the campaign. |  |
| Demonstrate communication skills. |  |
| Quality of the health promotion campaign delivered.  |  |
| **STUDENT SECTION:** |
| I agree with my teacher’s description of how I completed this activity.  | Yes ☐ |
| Additional student comments: |
| **Student signature** |  | **Date:****(DD/MM/YYYY)** |  |
| **Teacher name:** |  |
| **Teacher signature:** |  | **Date:****(DD/MM/YYYY)** |   |

# Teacher observation record guidance notes

The class teacher and student being observed are responsible for completing this form.

The Teacher Observation Record is used by the teacher to detail their observation of a student completing an activity. In order to provide sufficient evidence, the completed form must give contextualised details of what the student did and how this relates to the marking criteria. Simply providing statements from the marking criteria is not acceptable. The evidence provided **must** be individual to the student.

The Teacher Observation Record is also used to show that the student agrees with the teacher’s assessment of this activity.

The information given by the teacher **must** be shared with the student for the student to agree, or otherwise. If the student does not agree with the teacher’s comments and links to the marking criteria, they **must** have the chance to talk about these further with the teacher to reach an agreed outcome **before** the work is submitted for moderation.

Both the teacher and student must sign and date the form to provide evidence of this agreement.

Additional evidence of the student completing the activity must also be provided with the form. The types of additional evidence that are acceptable are detailed in Task 3.

### Teacher observation records must:

* describe what the teacher observed the student doing
* include how well the activity was completed and the reasons for this evaluation
* include confirmation from the student that they agree with the comments and reasons
* be accompanied by additional evidence as required of Task 3

### Teacher observation records must not:

* be a simple repeat of the grading criteria
* be completed by anyone but the teacher observing the activity and the student completing
the activity
* be written by the student for the teacher to sign
* contain just a list of skills
* be used to evidence the achievement of a whole unit or task in isolation

# Template for the plan – Task 2

|  |  |
| --- | --- |
| **Student name:** |  |
| **Qualification:** | OCR Level 1/Level 2 Cambridge National in Health and Social Care  |
| **Unit number:** | R035 |
| **Unit title:** | Health promotion campaigns |
|  | **Plan** | **Reasoning** |
| Aims of the Campaign |  |  |
| Timescales |  |  |
| Resources Needed |  |  |
| Safety Considerations |  |  |
| Communication |  |  |
| Methods to be used to engage the target audience |  |  |
| Feedback |  |  |