



Rewarding Learning

ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2012

Centre Number

71

Candidate Number

Health and Social Care

Assessment Unit AS 3

assessing

Unit 3: Health and Well-being

[A3H31]

MONDAY 14 MAY, AFTERNOON



A3H31

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(d)**, **2(d)** and **3(d)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only

Question Number	Marks
1	
2	
3	

Total Marks

1 The most deprived in Northern Ireland are twice as likely to die from heart disease as the most affluent. Poor diet, smoking and lack of exercise are all behind the increased death toll, according to the Belfast Health Trust.

Dr Leslie Boydell said inequality imposed its own strains on top of poor lifestyles. “If you are less well off than someone else and live in a very unequal society it does impact on you psychologically and it does have a physical effect including on your health in terms of heart disease or cancer,” she said.

Adapted from: © ‘Greater heart risk’ among deprived – Belfast Telegraph, 6 September 2010

(a) Define the following terms

Health

[2]

Mental health

[2]

(b) Write down any three socio-economic factors that affect health and well-being.

1. _____ [1]
2. _____ [1]
3. _____ [1]

Examiner Only	
Marks	Remark

(c) Other than risk of death, explain two **different** ways poor diet, smoking and lack of exercise can affect **physical** health and well-being.

Poor diet

1. _____

_____ [2]

2. _____

_____ [2]

Smoking

1. _____

_____ [2]

2. _____

_____ [2]

Lack of exercise

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

(d) Select a chronic illness or disease and discuss its impact on physical, social and psychological health and well-being.

Name of illness or disease

Discussion of impact on physical, social and psychological health and well-being.

Examiner Only	
Marks	Remark

[9]

Examiner Only	
Marks	Remark

[Turn over

2 A variety of health and social care organisations contribute to the health and social well-being of Northern Ireland's population.

(a) Explain two ways the World Health Organisation contributes to health and well-being.

1. _____

_____ [2]

2. _____

_____ [2]

(b) Discuss the roles of the Department of Health and Social Services and Public Safety for Northern Ireland (DHSSPSNI) and the Public Health Agency (PHA) in contributing to the health and well-being of the population.

DHSSPSNI

_____ [3]

PHA

_____ [3]

Examiner Only	
Marks	Remark

(c) Health and Social Care Trusts provide hospital services. Complete the table below to give one example of each type of need for patients and to explain how the need could be met by staff in a hospital.

Example of need	How it could be met by hospital staff
A physical need: _____ [1]	 [2]
An intellectual need: _____ [1]	 [2]
An emotional need: _____ [1]	 [2]
A social need: _____ [1]	 [2]

Examiner Only	
Marks	Remark

3 (a) Health promotion campaigns often aim to encourage individuals to improve their health. Explain two ways good health can impact on the psychological well-being of an individual.

1. _____

_____ [2]

2. _____

_____ [2]

(b) Discuss the potential impact of ill-health on an individual's income.

_____ [3]

Examiner Only	
Marks	Remark

(c) Use the tables provided to describe and evaluate the two approaches to health promotion.

The educational approach to health promotion	
DESCRIPTION	

_____ [3]	
STRENGTHS	
1. _____	

_____ [2]	
2. _____	

_____ [2]	
WEAKNESSES	
1. _____	

_____ [2]	
2. _____	

_____ [2]	

Examiner Only	
Marks	Remark

The social approach to health promotion	
DESCRIPTION	
	[3]
STRENGTHS	
1. _____	
	[2]
2. _____	
	[2]
WEAKNESSES	
1. _____	
	[2]
2. _____	
	[2]

Examiner Only	
Marks	Remark

THIS IS THE END OF THE QUESTION PAPER

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